

FREE
Guided Nature Walks
San Diego Natural History Museum
Canyoneers
Celebrating 45 years of nature outreach

September 2018–June 2019

Subaru of America, the City of San Diego Commission for Arts and Culture, and the Canyoneers themselves generously provided funding for the program.

Open to the public; no reservations required.
877.946.7797 www.sdnat.org

Canyoneers are San Diego Natural History Museum volunteers trained to teach appreciation of plants, animals, geology, and Native American culture in southern California. If you are interested in volunteering as a Canyoneer visit sdnat.org/volunteer or call 619.255.0245.

Descriptions and Directions

For complete descriptions and directions for all hikes, check the online Museum calendar at sdnat.org/canyoneers, the Canyoneer Facebook page (@San Diego Natural History Museum Canyoneers), or sign up for a weekly email notification of upcoming hikes at canyoneers@sdnhm.org.

Cancellations

Check the online Museum calendar at sdnat.org/canyoneers, the Canyoneer Facebook page (@San Diego Natural History Museum Canyoneers), or call 619.232.3821 and choose option 6 for cancellations due to park closures, weather, or emergencies. In the case of inclement weather, Canyoneers still hike unless the trail is dangerous, impassable, or harmful to the environment. Barring unforeseen circumstances, a Canyoneer will always show up at the trailhead to inform potential hikers of cancellations.

Courtesy

Dogs are not allowed on the walks as they interfere with observing wildlife. Please follow common rules of trail etiquette and safety. Do not litter or smoke on the trail. Please notify your guide if you decide to leave the group before a walk ends. If your group of 10 or more plans to join a scheduled Canyoneer walk, please call 619.255.0349 or contact reservationcoordinator@sdnhm.org at least two weeks ahead so arrangements can be made for sufficient guides.

Reservations for Special Hikes

Private group hikes for scouts, senior citizens, students, clubs, and other organizations may be arranged by calling the Museum two weeks in advance at 619.255.0349. The Museum Outdoor Access Fund, based on availability, underwrites this program.

Be Prepared!

Wear comfortable walking shoes, a hat, sunglasses, and sunscreen. Hiking boots are recommended. Bring adequate water (at least 2 liters for a 5-mile hike) and food; even the short or easy hikes can demand liquid and energy resources. You may also wish to carry a jacket, binoculars, and field guides. Bring rain gear if rain is a possibility. If you would like to accompany a more leisurely group, alert the Canyoneer host when you sign in.

Parking Fee Information

Please check location websites or the phone numbers listed below as parking fees are subject to change.

County of San Diego

A \$40 annual parking pass waives the \$3 parking fee (per vehicle) in all San Diego County Regional Day-Use Parks (except for single park annual pass for \$25). Seniors (62+) and disabled persons park free if they have the free parking pass permit. Passes may be obtained at the County Parks and Recreation Office or at the any of the County Parks where there is a ranger station. You may purchase over the phone by calling 858.565.3600.

State Parks - Anza-Borrego Desert, Cuyamaca Rancho and Palomar Mountain

A day-use fee of \$10 or an annual pass is required for most state parks

A Golden Poppy annual pass is available for \$125. For more information, call 800.777.0369 ext. 2 or visit [California State Parks Annual Pass Program](#).

Generally, there are no day-use parking fees in Anza-Borrego Desert State Park, with the exception of the Visitor Center and designated campgrounds. For more information, call 760.767.5311. Cuyamaca Rancho State Park has free parking at approved “turn-out” sites, with day-use fees required at campgrounds. For more information, call 760.765.3020. All of Palomar Mountain State Park requires day-use fees. For more information, call 760.742.3462 or visit [California State Parks](#).

Cleveland National Forest

Visitors must display a National Forest Adventure Pass in their vehicles when parked in a national forest including trailheads in high use areas. A \$5 daily pass or a \$30 annual pass is available at Forest Services offices, ranger stations, and many sporting goods stores. For more information, call 619.445.6235, or visit [National Forest Adventure Pass](#).

Cabrillo National Monument

The day-use entrance fee receipt is good the day you visit, and also for the following six days. Passenger vehicle \$15.00 per vehicle; motorcyclists \$10.00 per vehicle; walk-ins and bicyclists \$7.00 per person. There is also an Annual Pass available for \$30.00.

Santa Rosa Plateau Ecological Reserve

Walking fees collected at trailheads daily: \$4 each adult pedestrian, \$3 each child (ages 12 and under). Remember to bring exact change for payment at the trailheads. For more information, visit [Santa Rosa Plateau Ecological Reserve](#).

Other Parking Fees

There may be other parks not mentioned above that require a parking fee. Where known, this information is included in the descriptions and directions for each hike at sdnat.org/Canyoneers.

These programs are **interpretive nature walks**, not endurance hikes, and Canyoneers try to accommodate the desires and abilities of all participants. However, some of the walks can be taxing, especially those in the desert or mountains. The walks are ranked as follows:

Hikes are ranked using the following system:

Difficulty Level

E Easy **I** Intermediate **D** Difficult **X** Extra *

* (boulder scrambling, rough trail, low light, etc.)

Mileage (rounded out to nearest whole number)

Elevation Change (gain or loss)

a = up to 200 feet **b** = up to 500 feet **c** = up to 1000 feet

d = up to 1500 feet **e** = greater than 1500 feet

Examples:

Using the system above, Florida Canyon is E2a (easy, 2 miles, up to 200 feet elevation change). Kate O. Sessions Memorial Park is IX2a (Intermediate, 2 miles, up to 200 feet elevation change with X for sometimes rough trail conditions).

Calendar of Walks

REGION KEY

C Coast

I Inland

D Desert

M Mountain

CODE LEGEND

\$P Parking

W Wheelchair Accessible

DATE	DAY	TIME	TRAIL	REGION	RATING	GPS
------	-----	------	-------	--------	--------	-----

September 2018

9	Sun	9–11 AM	Kate O. Sessions Memorial Park (Soledad Canyon Trail)	I	IX2a	N32.811210, W117.237245
15	Sat	9–11 AM	San Diego River (Hazard Center Trolley Stop)	I, W	E2a	N32.770506, W117.157824
16	Sun	10 AM–1:30 PM	Santa Ysabel Preserve East (Kanaka Loop Trail)	M	E4c	N33.120065, W116.602681
19	Wed	8–9:30 AM	Balboa Park (Florida Canyon) Midweek	I	E3a	N32.739718, W117.142435
22	Sat	8–10 AM	Crest Canyon Open Space Park (Racetrack View Trailhead)	C	E2a	N32.962883, W117.255278
23	Sun	9–11 AM	Azalea Community Park (Manzanita Canyon)	I	EX2a	N32.732562, W117.107830
29	Sat	8:30–11 AM	Calavera Regional Nature Preserve (Lake Calavera Trail)	C	IX3c	N33.173976, W117.281093
30	Sun	5–6:30 PM	Mission Trails Regional Park (Kumeyaay Lake)	I	E1a	N32.839002, W117.033748

October 2018

6	Sat	9–11 AM	Lakeside's River Park (Walker Preserve Trail)	I	E3a	N32.865541, W116.927837
7	Sun	10 AM–12:30 PM	Batiquitos Lagoon (Gabbiano Trailhead)	C	E3a	N33.093746, W117.301354
9	Tue	8:30 AM–NOON	Daley Ranch (Boulder Loop) Midweek	I	I4c	N33.166300, W117.052483
13	Sat	9–11 AM	San Elijo Lagoon Ecological Reserve (Annie's Canyon Trail) New!	C	EX2a	N33.003597, W117.272490
14	Sun	9 AM–1 PM	Cleveland National Forest (Roberts Ranch) New!	M	E5a	N32.823386, W116.627610
20	Sat	9–11 AM	Del Rey Canyon (Camino Del Rey Trailhead)	I	E3a	N32.634628, W117.014323
21	Sun	6:30 AM–1:30 PM	Anza-Borrego Desert State Park (Soapstone Loop)	M	D9c	N32.978223, W116.524863

DATE	DAY	TIME	TRAIL	REGION	RATING	GPS
28	Sun	9 AM–NOON	Santa Margarita River (River Trail)	I	IX3b	N33.413515, W117.241602
November 2018						
3	Sat	8–10 AM	Dictionary Hill Open Space Preserve (Barcelona Trail) New!	I	I3c	N32.726880, W116.983417
4	Sun	8:30 AM–1:30 PM	Cleveland National Forest (Secret Canyon Trail)	M, \$P	D5b	N32.837365, W116.541780
10	Sat	9 AM–1 PM or 9 AM–3:30 PM	Cuyamaca Rancho State Park (Conejos Spring Trail)	M	D5c	N32.976640, W116.581570
11	Sun	10 AM–NOON or 10 AM–3 PM	Lake Hodges (North Trail)	I	E3a	N33.054405, W117.075216
14	Wed	9–10 AM or 9–11:30 AM	Elfin Forest Recreational Reserve (Way Up Trail) Midweek	I	E1a	N33.087299, W117.145451
18	Sun	9 AM–1 PM	William Heise County Park (Desert View)	M, \$P	I5c	N33.039624, W116.592220
December 2018						
2	Sun	9 AM–3 PM	Anza-Borrego Desert State Park (June Wash) New!	D	I7b	N32.931405, W116.256619
7	Fri	5–9 PM	Balboa Park: December Nights (Canyoneer Mistletoe Sales)			N32.732376, W117.147198
8	Sat	5–9 PM	Balboa Park: December Nights (Canyoneer Mistletoe Sales)			N32.732395, W117.147479
9	Sun	9 AM–2 PM	Anza-Borrego Desert State Park (Moonlight Canyon & Inner Pasture)	D	DX5c	N32.955250, W116.302202
15	Sat	7:30–10 AM	Mission Trails Regional Park (Kwaay Paay)	I	I3c	N32.838977, W117.033730
16	Sun	10 AM–NOON	Navajo Canyon Open Space Park (Adobe Falls Trailhead)	I	E2a	N32.782915, W117.086372
29	Sat	9 AM–3 PM	Anza-Borrego Desert State Park (Coyote Canyon—Lower Willows)	D	I5b	N33.325078, W116.367493
30	Sun	10 AM–2 PM	Anza-Borrego Desert State Park (Palm Canyon)	D, \$P	I4c	N33.270230, W116.418276
January 2019						
6	Sun	9–11:30 AM	Ruffin Canyon Open Space (Taft Loop)	I	I3c	N32.801658, W117.129044
12	Sat	9 AM–2 PM	Bureau of Land Management - Southern Anza-Borrego (Painted Gorge) New!	D	E4a	N32.762778, W115.931532
13	Sun	9–11 AM	South Rueda Canyon (Trail Loop)	I	I3a	N32.819188, W117.099919
19	Sat	8–11 AM	Manchester Habitat Conservation Area (Manchester Trail)	C	E4b	N33.030441, W117.251621

DATE	DAY	TIME	TRAIL	REGION	RATING	GPS
23	Wed	8:30 AM–12:30 PM	Daley Ranch (Jack Creek Falls) Midweek	I	E5a	N33.166395, W117.052283
26	Sat	9 AM–4 PM	Anza-Borrego Desert State Park (Harper Flat)	D	DX8c	N33.132113, W116.311510
February 2019						
2	Sat	9 AM–1 PM	Rancho Jamul Ecological Reserve (Grasslands Loop)	I	I5c	N32.684428, W116.846851
3	Sun	8–10 AM	Mission Trails Regional Park (Jackson Drive)	I	E2b	N32.817156, W117.059574
9	Sat	9 AM–1 PM	Anza-Borrego Desert State Park (5 Groves Trail)	D	I4b	N32.862550, W116.218790
16	Sat	8:30 AM–1 PM	Santa Rosa Plateau Ecological Reserve (Vernal Pool Trailhead)	I, \$P	I5b	N33.509703, W117.294419
17	Sun	9 AM–1 PM	El Monte Park (Flume Trail)	I	D4d	N32.890350, W116.849897
20	Wed	8–10 AM	Clevenger Canyon Open Space Park (South Trail) Midweek	I	I3c	N33.085277, W116.922198
23	Sat	9 AM–2 PM	Anza-Borrego Desert State Park (Indian Hill)	D	IX6c	N32.792889, W116.107661
24	Sun	9 AM–3 PM	Bureau of Land Management - Southern Anza-Borrego (Domelands) New!	D	I6c	N32.779171, W116.089914
March 2019						
2	Sat	8 AM–NOON	Mount Gower County Open Space Preserve (South Route)	I	I5c	N33.026672, W116.792507
3	Sun	8:30 AM–1 PM	Cleveland National Forest (Big Laguna Trail)	M, \$P	I5c	N32.860868, W116.462077
9	Sat	9 AM–2:30 PM	Cleveland National Forest (Garnet Peak)	M, \$P	D6c	N32.924079, W116.480444
10	Sun	10 AM–NOON	Cabrillo National Monument (Bayside Trail)	C, \$P	I2b	N32.673922, W117.240193
16	Sat	8 AM–2 PM	Cleveland National Forest (Cibbets Flat to Kitchen Creek Falls) New!	M, \$P	I7d	N32.732506, W116.483277
20	Wed	8–10:30 AM or 8 AM–1 PM	McGinty Mountain Ecological Reserve (McGinty Mountain Trail) Midweek	I	I2c	N32.729406, W116.872688
24	Sun	8 AM–4 PM	Anza-Borrego Desert State Park (Lycium Wash) New!	D	DX8b	N33.038255, W116.097017
30	Sat	9 AM–1:30 PM	Pacific Crest Trail (Eagle Rock)	I	I7d	N33.273323, W116.645115
April 2019						
6	Sat	8:30 AM–3:30 PM	Anza-Borrego Desert State Park (Canyon Sin Nombre) New!	D	I7c	N32.830015, W116.170306

DATE	DAY	TIME	TRAIL	REGION	RATING	GPS
7	Sun	9–11 AM	Crestridge Ecological Reserve (Horsemill Road Trailhead)	I	E3a	N32.828041, W116.856170
13	Sat	8:30–11:30 AM	Cleveland National Forest (Cottonwood Creek Falls)	M, \$P	EX2b	N32.825533, W116.496378
14	Sun	9 AM–NOON	Old Banner Road (Warlock Mine)	M	I3c	N33.078505, W116.583982
24	Wed	8 AM–12:30 PM or 8 AM–1:30 PM	Cuyamaca Rancho State Park (Oakzanita Peak) Midweek	M	I5d	N32.889480, W116.576014
27	Sat	10 AM–NOON	Dos Picos County Park (Ernie Pantoja Memorial Trail)	I, \$P	E1a	N32.999141, W116.939270
28	Sun	8:30 AM–1 PM	Lake Morena County Park (Lake Loop Trail)	M, \$P	I6c	N32.682526, W116.516789
May 2019						
4	Sat	9 AM–NOON	Oak oasis County Open Space Preserve (Oak Grove Trail)	I	I3b	N32.912668, W116.887228
5	Sun	8–11:30 AM or 8 AM–1 PM	Volcan Mountain County Open Space Preserve (Five Oaks Trail)	M	D4c	N33.105256, W116.602487
11	Sat	8 AM–4 PM	Cleveland National Forest (Noble Canyon)	M, \$P	D8d	N32.849770, W116.523082
12	Sun	9 AM–2 PM	City of San Marcos (Double Peak)	I	I6c	N33.125250, W117.178541
15	Wed	7:30–9:30 AM or 7:30–11:30 AM	Blue Sky Ecological Reserve (Creeside Trail) Midweek	I	E3a	N33.017394, W117.024871
18	Sat	8:30 AM–2 PM	Cuyamaca Rancho State Park (Juaquapin Creek Loop)	M	I6c	N32.910431, W116.574175
26	Sun	9 AM–1 PM	Palomar Mountain State Park (Thunder Spring/Chimney Flats)	M, \$P	I4c	N33.341747, W116.901352
June 2019						
1	Sat	8:30 AM–12:30 PM	Tijuana River Valley Regional Park (Cathedral Trail) New!	C	E5a	N32.553633, W117.084139
2	Sun	8 AM–12:30 PM	Cuyamaca Rancho State Park (Azalea Glen)	M, \$P	I5c	N32.960090, W116.580295
8	Sat	9 AM–NOON	Lake Hodges (East Arm)	I	E4a	N33.054405, W117.075216
12	Wed	9–11 AM	Torrey Pines State Reserve Extension (Del Mar Scenic Trail) Midweek	C	I2a	N32.938257, W117.252752
15	Sat	5–7 PM	Famosa Slough (Famosa Boulevard Trailhead)	C	E2a	N32.752639, W117.228644
16	Sun	9–11 AM	Los Jilgueros Preserve (Los Jilgueros Trail)	I	E2a	N33.352804, W117.245813
23	Sun	9 AM–NOON	Palomar Mountain State Park (Weir/Lower French Valley)	M, \$P	E3a	N33.341765, W116.901381

Canyoneer Walks | Descriptions and Directions

Kate O. Sessions Memorial Park

IX2a

Sunday, September 9, 2018

9–11 AM

(SOLEDAD CANYON TRAIL) Enjoy one of the most beautiful spots in San Diego, overlooking Mission Bay, and explore its natural charm on a sometimes-rough trail in a scrub-covered section of the park.

(Pacific Beach) From I-5, go west on Garnet Ave. for 1 mile. Turn right onto Lamont St. Go 0.6 mile. Shortly after Lamont becomes Soledad Rd. turn right on Park Dr. into the parking lot. Meet near the playground. Facilities.

(N32.811210, W117.237245)

San Diego River

E2a

Saturday, September 15, 2018

9–11 AM

(HAZARD CENTER TROLLEY STOP) Arrive by mass transit to see native riparian and chaparral plants along the San Diego River mostly via a paved walkway.

(Mission Valley) By trolley, take the Green Line to Hazard Center. By car, from CA-163, exit east on Friars Rd. and go 0.2 mile. Turn right at Frazee Rd. and go 0.1 mile. Turn right on Hazard Center Dr. and park along street. Look for the Canyoneer host at the trolley station. Wheelchair accessible. No facilities. (N32.770506,

W117.157824)

Santa Ysabel Preserve East

E4c

Sunday, September 16, 2018

10 AM–1:30 PM

(KANAKA LOOP TRAIL) The Preserve's 3,800 acres extend from Hwy. 79 just north of Santa Ysabel east to Farmers Road, north of Julian. Walk through open grassland and among stately oaks on this looping trail.

(Julian) From Julian, take Main St. north out of town for about 2.2 miles (Main St. becomes Farmer Rd.). Turn right on Wynola Rd. for about 100 yards and then take the first left, which is a continuation of Farmer Rd. about 1 mile to parking lot on left. Facilities. (N33.120065, W116.602681)

Balboa Park

E3a

Wednesday, September 19, 2018

Midweek

8–9:30 AM

(FLORIDA CANYON) Explore this Balboa Park canyon preserved by Helen Witham Chamlee, and see where the Canyoneers began. Together with citizen scientists from the San Diego Natural History Museum, Chamlee founded the Canyoneers in 1973 as the "Florida Canyoneers."

(Balboa Park) From CA-163, exit east on Washington St. and go 0.3 mile. Turn right on Lincoln Ave. and go 0.2 mile. Turn right on Park Blvd. and go 0.7 mile. Turn left on Morley Field Dr. and go 0.2 mile. Cross Florida Dr. and continue uphill for 0.1 mile. Turn right and then take another immediate right. Park in the California Native Plant Garden lot. Facilities at tennis courts. (N32.739718, W117.142435)

Crest Canyon Open Space Park

E2a

Saturday, September 22, 2018

8–10 AM

(RACETRACK VIEW TRAILHEAD) Enjoy a variety of native and non-native plants in this coastal canyon south of San Dieguito Lagoon. The trail ascends gradually into the canyon through sage scrub and chaparral habitats.

(Del Mar) From I-5, exit west on Via de la Valle for 0.3 mile. Turn left onto Jimmy Durante Blvd. and go 0.9 mile. Just after crossing the bridge over the San Dieguito River, turn left onto San Dieguito Dr. and go 0.6 mile. This becomes Racetrack View Dr. Continue through the stop sign and park on the road shoulder at the Crest Canyon kiosk. No facilities. (N32.962883, W117.255278)

Azalea Community Park

EX2a

Sunday, September 23, 2018

9–11 AM

(MANZANITA CANYON) Start from the Azalea Park recreation center and ascend into Manzanita Canyon riparian and chaparral habitats. There will be some walking on uneven river cobbles which may make footing difficult for a short section.

(City Heights) From I-805, exit east on Home Ave. and go 0.3 mile. Turn left on Fairmount Ave. and go 0.7 mile. Turn left on Poplar St. and go 0.6 mile to the entrance of Azalea Community Park and park in the lot. Facilities. (N32.732562, W117.107830)

Calavera Regional Nature Preserve

IX3c

Saturday, September 29, 2018

8:30–11 AM

(LAKE CALAVERA TRAIL) This hike offers the opportunity for views from the mountain top and to see natural lands habitat restoration in progress. Also explore an ancient extinct volcano, view waterfowl visiting the lake, and observe several different plant communities.

(Carlsbad) From I-5, go east on CA-78 for 3.2 miles. Exit on College and turn right (south). Go 0.4 mile to Lake Blvd. and turn left. Go 0.9 mile and turn right on Sky Haven Ln. Go 0.3 mile to the signed trailhead on the left. Facilities. (N33.173976, W117.281093)

Mission Trails Regional Park

E1a

Sunday, September 30, 2018

5–6:30 PM

(KUMEYAAY LAKE) This short, easy hike along a cottonwood and willow shaded lakeshore is perfect for young children, seniors, and avid birdwatchers.

(Santee) From I-8, exit north on Mission Gorge Rd. Continue 4.2 miles, then turn left onto Father Junipero Serra Trail. Drive through the gated road past the Visitor Center and go 2.4 miles to the parking lot at the intersection of Bushy Hill Dr. and Father Junipero Serra Trail. Alternate route: From CA-52 exit on Mast Blvd. and go 0.2 mile. Turn right on West Hills Pkwy. and go 0.7 mile. Turn right on Mission Gorge Rd. and go 0.2 mile. Turn right on Father Junipero Serra Trail and go 0.2 mile to the parking lot at Bushy Hill Dr. Meet the Canyoneer host in the parking lot. Facilities. (N32.839002, W117.033748)

Lakeside's River Park

E3a

Saturday, October 6, 2018

9–11 AM

(WALKER PRESERVE TRAIL) Take an easy stroll through 100 acres earmarked for restoration as wetlands and upland habitat. Encounter riparian willow thickets which are wonderful areas for bird watching as well as a variety of native plant life.

(Lakeside) From I-8, go north on CA-67 for 5 miles. Exit on Winter Gardens Blvd. Turn left and go 0.2 mile. Continue onto Industry Rd. and go 0.5 mile. Turn left on Channel Rd. and go 0.4 mile. Turn left into the San Diego River Trail parking lot, just before Lakeside Ave., and meet the Canyoneer host. No facilities. (N32.865541, W116.927837)

Batiquitos Lagoon

E3a

Sunday, October 7, 2018

10 AM–12:30 PM

(GABBIANO TRAILHEAD) A pleasant walk on level terrain provides ample opportunity to enjoy lagoon plants and shorebirds. Along the way visit a native plant garden.

(Carlsbad) From I-5, exit east on Poinsettia Ln. and go 0.3 mile. Turn right on Batiquitos Dr. and go 0.5 mile. Turn right on Gabbiano Ln. and go 0.3 mile. Park at the end of the road. No facilities. (N33.093746, W117.301354)

Daley Ranch

I4c

Tuesday, October 9, 2018

Midweek

8:30 AM–NOON

(BOULDER LOOP) Daley Ranch has habitats that support a variety of plant and animal species. Enjoy spectacular views of the surrounding area along the trail.

(Escondido) From I-15, exit east on El Norte Pkwy. and go 3.1 miles. Turn left on La Honda Dr. Go 1.3 miles. Parking lot for Daley Ranch is on the left. No facilities. (N33.166300, W117.052483)

San Elijo Lagoon Ecological Reserve

EX2a

Saturday, October 13, 2018

New!

9–11 AM

(ANNIE'S CANYON TRAIL) Visit one of San Diego's newest trails. This is a short but challenging exploration of a remarkable sandstone slot canyon. An easier optional hike will be offered for those not wanting to brave the canyon. Both hikes will lead to an overlook of the lagoon and Pacific Ocean beyond.

(Solana Beach) From I-5, exit west on Lomas Santa Fe Dr. and go 0.9 mile. Turn right onto North Rios Ave. and go 0.8 mile. Park at the end of the road. No facilities. (N33.003597, W117.272490)

Cleveland National Forest

E5a

Sunday, October 14, 2018

New!

9 AM–1 PM

(ROBERTS RANCH) Take an easy stroll through open grasslands and oak woodlands saved from development. This is one of the least traveled areas adjacent to the Cuyamacas with healthy groves of the less common Englemann oak.

(Descanso) Take I-8 east to Japatul Valley Rd. Turn south and go 0.2 mile. Park on the side of the road just before the Transportation Dept. service yard. A [National Forest Adventure Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.823386, W116.627610)

Del Rey Canyon

E3a

Saturday, October 20, 2018

9–11 AM

(CAMINO DEL REY TRAILHEAD) This easy walk offers the opportunity to see a variety of our native chaparral and riparian plants along one of our urban canyons. Observe a variety of wildlife that call this canyon home.

(Chula Vista) From I-805 S, exit on H St. East. Turn right on E H St. and go 2.8 miles. Turn right on Paseo Ranchero and go 0.3 mile. Turn right on Camino Del Rey and go 0.2 mile and park on the street. Meet the Canyoneer host at the trailhead. No facilities. (N32.634628, W117.014323)

Anza-Borrego Desert State Park

D9c

Sunday, October 21, 2018

6:30 AM–1:30 PM

(SOAPSTONE LOOP) This section of Anza-Borrego Desert State Park was acquired in 2001. The lands are adjacent to Lake Cuyamaca and connect the desert park to Cuyamaca Rancho State Park, providing a wildlife corridor between the mountains and the desert.

(Mt. Laguna) From I-8, exit north on Sunrise Hwy. (S-1) and go 20.6 miles. Turn left into the Sunrise Trailhead parking lot. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. Facilities. (N32.978223, W116.524863)

Santa Margarita River

Sunday, October 28, 2018

IX3b

9 AM–NOON

(RIVER TRAIL) The Santa Margarita River is one of the last free-flowing rivers in San Diego County. The river peacefully flows under a canopy of tall trees, between banks lined with dense riparian growth. This is a cool, refreshing place for a hike any time of the year. Wildlife, including deer and other large mammals, depend on this river corridor. The area is also noted for raptors that may be seen overhead or perched in trees.

(Fallbrook) From I-15, go west on Mission Rd. and continue onto East Mission Rd. for 4.9 miles. Turn right on North Pico Ave., which becomes De Luz Rd. Go 1.2 miles. Turn right on Sandia Creek Dr. Go 1.1 miles. Parking lot is on right. No facilities. (N33.413515, W117.241602)

Dictionary Hill Open Space Preserve

Saturday, November 3, 2018

New!

I3c

8–10 AM

(BARCELONA TRAIL) One of the newest additions to the County's open space parks, this area supports a wealth of native plants, birds, and wildflowers. The trail leads from Bancroft Creek to the top of the mountain, where hikers are greeted by a 360-degree panoramic view of southeast San Diego. Come learn the fascinating story of why this was originally known as Lookout Mountain.

(Spring Valley) From CA-94, exit south on Sweetwater Springs Blvd. and go 0.9 mile. Turn right onto Austin Dr. and go 0.7 mile. Turn left onto S. Barcelona St. and go 0.3 mile to the end of the road to meet your Canyoneer host. No facilities. (N32.726880, W116.983417)

Cleveland National Forest

Sunday, November 4, 2018

D5b

8:30 AM–1:30 PM

(SECRET CANYON TRAIL) Follow Pine Valley Creek and pass under the Pine Valley Bridge, which is 400 feet above the gorge. Explore remains of an 1895 flume intended to move water from a proposed reservoir in Pine Valley to King Creek, a San Diego River tributary.

(Pine Valley) From I-8, exit north on Pine Valley Rd. and go 0.4 mile. Turn left on Old Hwy. 80 and go 1.6 miles. Turn left at the Pine Creek Trailhead sign and go 0.5 mile. Park near the vault toilets. A [National Forest Adventure Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. Facilities. (N32.837365, W116.541780)

Cuyamaca Rancho State Park

Saturday, November 10, 2018

D5c or D8e

9 AM–1 PM or 9 AM–3:30 PM

(CONEJOS SPRING TRAIL) This hike explores a forest of Coulter pines, with its big cones littering the trail and includes a vista all the way to San Diego. The shorter hike will stop along the trail, while the longer hike will go to the top of Cuyamaca Peak.

(Cuyamaca Rancho State Park) Take I-8 east to CA-79 north and proceed 13.5 miles (mile marker 10.7) to the large parking area on the right (0.5 mile past Stonewall Mine turnoff). A \$10 day use fee or a [California State Park Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.976640, W116.581570)

Lake Hodges

Sunday, November 11, 2018

E3a or I6c

10 AM–NOON or 10 AM–3 PM

(NORTH TRAIL) There are alternatives for this hike, depending on public interest. Bring your binoculars. On Hike 1, view birds while crossing the new footbridge over the lake and then explore Felicita Creek. On Hike 2, cross the footbridge and then climb Bernardo Mountain for a panoramic view of the lake, with possible views to the ocean. (Rancho Bernardo) Take I-15 to West Bernardo Dr./Pomerado Rd. and turn west. Go 0.5 mile. There is a turnoff into a dirt parking lot on the right. Meet at the signed Bernardo Bay Natural Area. No facilities. (N33.054405, W117.075216)

Elfin Forest Recreational Reserve

Wednesday, November 14, 2018

Midweek

E1a or I3c

9–10 AM or 9–11:30 AM

(WAY UP TRAIL) While crossing Escondido Creek, enjoy wildflowers and the soothing sounds of the water. Then go uphill on the Botanical Loop Trail to descend back to the staging area (about a 1-mile round trip). Choose to continue on the Way Up Trail to the top of the ridge for spectacular views.

(Escondido) From I-15, exit west on Valley Pkwy. for 1 mile. Turn right on Avenida Del Diablo and go 0.6 mile. Turn right on Citracado Pkwy. and go 0.1 mile. Turn left on Harmony Grove Village Pkwy. and go 0.4 mile. Turn left on Harmony Grove Rd. and go 2.2 miles to the Reserve's parking area on the left. Alternate route: From I-5, exit east on La Costa Ave. and go 4 miles. Turn left on Rancho Santa Fe Rd. and go 1.7 miles. Turn right on San Elijo Rd. and go 1.5 miles. Turn right on Elfin Forest Rd. and go 2.7 miles. Continue onto Harmony Grove Rd. and go 1.7 miles to the Reserve's parking area on the right. Facilities. (N33.087299, W117.145451)

William Heise County Park

Sunday, November 18, 2018

I5c

9 AM–1 PM

(DESERT VIEW) The Desert View trail ascends to the Park's highest point. Glen's View, elevation 4,927 feet, looks out on North Peak, Julian, and the desert. William Heise Park occasionally gets snow. Be prepared for temperature changes.

(Julian) From CA-79, turn south on Pine Hills Rd. (1 mile west of Julian), and go 2.3 miles. Turn left on Frisius Rd. and go 2 miles to the park entrance to meet the Canyoneer host. A \$3 day use fee or a [San Diego County Park and Recreation Parking Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. Facilities. (N33.039624, W116.592220)

Anza-Borrego Desert State Park

Sunday, December 2, 2018

New!

I7b

9 AM–3 PM

(JUNE WASH) While enjoying the spectacular geologic scenery, the goal of this hike is to reach the saddle and ridgeline which are the headwaters of the Sandstone Canyon/Fish Creek and June Wash/Vallecito drainage systems. Along the way, encounter many desert plants and animals and possibly some ancient Native American artifacts.

(Ocotillo) From I-8, turn north on S-2 (Imperial Hwy), and drive 23 miles to the turnoff on the right for June Wash (signed), about one-half mile beyond highway mile-marker 42 and meet your Canyoneer host. Consolidate into 4WD or high-clearance vehicles and caravan to the trailhead. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.931405, W116.256619)

Balboa Park: December Nights

Friday, December 7, 2018

Midweek

E1a

5–9 PM

(CANYONEER MISTLETOE SALES) In this annual event, Canyoneers will be selling locally gathered mistletoe to benefit the San Diego Natural History Museum. Come enjoy the festivities and find the Canyoneer booths on the south and west sides of the Museum. Proceeds from the mistletoe sales go toward the Museum's Outdoor Access Fund which supports school and scout hikes.

(Balboa Park) The Museum is located south of the zoo at Park Blvd. and Village Pl. Wheelchair accessible. Check [December Nights](#) for parking information Facilities. (N32.732376, W117.147198)

Balboa Park: December Nights

Saturday, December 8, 2018

E1a

5–9 PM

(CANYONEER MISTLETOE SALES) In this annual event, Canyoneers will be selling locally gathered mistletoe to benefit the San Diego Natural History Museum. Come enjoy the festivities and find the Canyoneer booths on the south and west sides of the Museum. Proceeds from the mistletoe sales go toward the Museum's Outdoor Access Fund which supports school and scout hikes.

(Balboa Park) The Museum is located south of the zoo at Park Blvd. and Village Pl. Wheelchair accessible. Check [December Nights](#) for parking information Facilities. (N32.732395, W117.147479)

Anza-Borrego Desert State Park

Sunday, December 9, 2018

DX5c

9 AM–2 PM

(MOONLIGHT CANYON & INNER PASTURE) Hike through Moonlight Canyon from the Agua Caliente Hot Springs to the isolated Inner Pasture. The Kumeyaay once lived in this area between the Sawtooth Mountains and the Tierra Blanca Mountains of Anza-Borrego.

(Ocotillo) From I-8, exit north on S-2 (Imperial Hwy), and go 26 miles to the turnoff on the left for Agua Caliente Hot Springs. Park on the side access road across from the store before the entrance to Agua Caliente County Park. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. Facilities. (N32.955250, W116.302202)

Mission Trails Regional Park

Saturday, December 15, 2018

I3c

7:30–10 AM

(KWAAY PAAY) Wear a hat and boots on this steep and rocky round trip up to Kwaay Paay peak with 880 feet of elevation gain. Low chaparral enables views along the trail. There is a county-wide view at the top.

(Santee) From I-8, exit north on Waring Rd. Continue 1.5 miles, then turn left onto Princess View Dr. and go 0.7 mile. Turn right on Mission Gorge Rd. and go 3.8 miles. Turn left on Father Junipero Serra Trail and go 0.1 miles to the parking lot at the intersection of Bushy Hill Dr. and Father Junipero Serra Trail. Alternate route: From CA-52, exit on Mast Blvd. and go 0.2 mile. Turn right on West Hills Pkwy. and go 0.7 mile. Turn right on Mission Gorge Rd. and go 0.2 mile. Turn right on Father Junipero Serra Trail. and go 0.1 mile to the parking lot at Bushy Hill Dr. Meet in lot. Facilities. (N32.838977, W117.033730)

Navajo Canyon Open Space Park

Sunday, December 16, 2018

E2a

10 AM–NOON

(ADOBE FALLS TRAILHEAD) Walk along the streambed part way up Navajo Canyon, which runs through the communities of Del Cerro and Allied Gardens. Many native plant species, including gooseberry and scrub oak, may be seen.

(San Diego) From I-8, exit north on Waring Rd. and go 0.3 mile. Turn right on Adobe Falls Rd. and go 0.1 mile to the stop sign. Park on the street by the trailhead. No facilities. (N32.782915, W117.086372)

Anza-Borrego Desert State Park

I5b

Saturday, December 29, 2018

9 AM–3 PM

(COYOTE CANYON—LOWER WILLOWS) Hike to the largest year-round spring in San Diego County. With abundant water from Santa Catarina Spring, dense vegetation provides habitat for many birds and insects. Seasonal desert wildflowers add vibrant color to this unusual desert oasis. Wading through water may be necessary. The elusive peninsular bighorn sheep use the area as a seasonal water source.

(Borrego Springs) Take CA-67 or CA-78 east to Ramona, continue east on CA-78 for 14.4 miles to Santa Ysabel (Dudley's world-famous bakery). Turn left on CA-79 towards Warner Springs and go 11.4 miles. Turn right on San Felipe Rd. (S-2) and go 4.7 miles. Turn left on Montezuma Valley Rd. (S-22) and go 17.4 miles. Turn right on Palm Canyon Dr. (S-22) and go 1.4 miles to Christmas Circle roundabout. Take the 4th exit to stay on Palm Canyon Dr. (S-22) and go 0.4 mile. Turn left on Di Giorgio Rd. and go 4.7 miles to the end of the pavement, and meet the Canyoneer host. Consolidate into 4WD or high-clearance vehicles and caravan to the trailhead. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. Facilities at Christmas Circle. (N33.325078, W116.367493)

Anza-Borrego Desert State Park

I4c

Sunday, December 30, 2018

10 AM–2 PM

(PALM CANYON) Dramatic desert-varnished canyon walls rise high above en route to a clear, bubbling stream flowing near a cool, shady oasis of native California fan palms. Be on the lookout for elusive peninsular bighorn sheep that are often spotted along this trail.

(Borrego Springs) Take CA-67 or CA-78 east to Ramona, continue east on CA-78 for 14.4 miles to Santa Ysabel (Dudley's world-famous bakery). Turn left on CA-79 towards Warner Springs and go 11.4 miles. Turn right on San Felipe Rd. (S-2) and go 4.7 miles. Turn left on Montezuma Valley Rd. (S-22) and go 17.4 miles. Turn left on Palm Canyon Dr. and go 0.2 mile. Turn right into the entrance to the Borrego Palm Canyon Campground (if you reach the Anza-Borrego State Desert Park Visitor Center you have gone too far). Drive to the west end of the campground and park in the day use parking lot and meet the Canyoneer host. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. Facilities. (N33.270230, W116.418276)

Ruffin Canyon Open Space

I3c

Sunday, January 6, 2019

9–11:30 AM

(TAFT LOOP) Hike this trail through one of San Diego's urban canyons and explore part of the San Diego River watershed. Start with a visit to a native plant garden before descending into the canyon that is filled with both native and exotic plants and birds.

(Serra Mesa) From I-15, exit west on Aero Dr. and go 1.1 miles. Turn left on Ruffin Rd. and go 0.6 mile. Cross Gramercy Dr. and park on the east side of Taft Middle School. Alternate route: From I-805 exit north on Murray Ridge Rd. and go 1.3 miles. Turn right on Sandrock Rd. and go 0.1 mile. Turn left on Gramercy Dr. and go 0.6 mile. Turn right on Ruffin Rd. and park on the east side of Taft Middle School. No facilities. (N32.801658, W117.129044)

BLM - Southern Anza-Borrego

Saturday, January 12, 2019

New!

E4a

9 AM–2 PM

(PAINTED GORGE) While Painted Gorge is one of the driest areas of the desert, the spectacular geology of the Coyote Mountains captures the imagination.

(Ocotillo) From I-8, turn north on S-2 (Imperial Hwy.). After passing under the freeway, turn right on S-80 (be careful not to turn up the westbound off-ramp against traffic). Proceed east on S-80 for 4.2 miles. Turn left on Painted Gorge Rd. and meet your Canyoneer Host. Consolidate into 4WD or high-clearance vehicles and caravan 5 miles to the trailhead. No facilities. (N32.762778, W115.931532)

South Rueda Canyon

Sunday, January 13, 2019

I3a

9–11 AM

(TRAIL LOOP) Learn chaparral plants and the history of the area on this morning walk along the canyon following La Cuenta Dr. ridge for a three-mile loop via Tierrasanta Blvd./Ducos Place.

(Tierrasanta) From I-15, exit east on Tierrasanta Blvd. Go 1.3 miles. Turn right on La Cuenta Dr. Go 0.2 mile. Park on the street next to Roadrunner Park. No facilities. (N32.819188, W117.099919)

Manchester Habitat Conservation Area

Saturday, January 19, 2019

E4b

8–11 AM

(MANCHESTER TRAIL) Enjoy native plants and birds in a space preserved by the city of Encinitas. Several threatened or endangered species, such as San Diego thornmint and the California gnatcatcher bird, occur in this protected area. A view of neighboring hills and mountains can be obtained from a high point on the trail. There are steep stairs at entrance and ruts along the trail.

(Encinitas) From I-5, go east on Manchester Ave. for 1 mile. Continue onto South El Camino Real. Go 0.7 mile. Turn right on Calle Ryan and go 0.3 mile. Park at the end of the road. No facilities. (N33.030441, W117.251621)

Daley Ranch

Wednesday, January 23, 2019

Midweek

E5a

8:30 AM–12:30 PM

(JACK CREEK FALLS) Hike through chaparral to a high point overlooking Dixon Lake. If rainfall is near normal, see the beautiful Jack Creek Falls.

(Escondido) From I-15, exit east on El Norte Pkwy. and go 3.1 miles. Turn left on La Honda Dr. Go 1.3 miles. Parking lot for Daley Ranch is on the left. Facilities. (N33.166395, W117.052283)

Anza-Borrego Desert State Park

Saturday, January 26, 2019

DX8c

9 AM–4 PM

(HARPER FLAT) This hike follows Pinyon Wash into Harper Flat, an area of extensive Native American use. Multiple bedrock morteros worn into the boulders that were used in the preparation of food are found. Keep an eye out for broken shards of pottery and obsidian flakings left from the making of arrow points or other tools. Remember, anything found must be left here.

(Tamarisk Grove) Take CA-78/79 to Julian and turn right on Main St. Continue on CA-78 (Banner Rd.) and go 22.7 miles. Meet the Canyoneer host at the signed entrance to Pinyon Wash (4.1 miles past Yaqui Pass Rd.). Consolidate into 4WD or high-clearance vehicles and caravan to the trailhead. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. No facilities. (N33.132113, W116.311510)

Rancho Jamul Ecological Reserve

I5c

Saturday, February 2, 2019

9 AM–1 PM

(GRASSLANDS LOOP) Canyoners have special permission to hike this 5,600-acre California Fish and Wildlife ecological reserve. Here we'll find sage scrub and riparian environments, and efforts to convert grasslands to native habitat. The ruins of an historic brick-making kiln will also be visited.

(Jamul) From I-8, exit onto CA-125 S and go 2.1 miles. Exit on Spring St. towards CA-94 E. Turn left and go 0.1 mile. Merge right onto CA-94 E and go 4.6 miles. Turn right on Campo Rd. (CA-94). Go 7.8 miles to the entrance of the reserve on the right. If you reach Honey Springs Rd. you have gone 1.8 miles too far. Facilities. (N32.684428, W116.846851)

Mission Trails Regional Park

E2b

Sunday, February 3, 2019

8–10 AM

(JACKSON DRIVE) This side entrance to Mission Trails Regional Park allows viewing access to a combination of exotic and native plants. Meta volcanic, plutonic, and volcanic rocks make this area very interesting geologically.

(Santee) From I-8, exit north on Waring Rd. Continue 1.5 miles, then turn left onto Princess View Dr. and go 0.7 mile. Turn right on Mission Gorge Rd. and go 1.4 miles. Turn left at Jackson Dr. and park in the lot. Alternate route: From CA-52, exit on Mast Blvd. and go 0.2 mile. Turn right on West Hills Pkwy. and go 0.7 mile. Turn right on Mission Gorge Rd. and go 2.7 miles. Turn right at Jackson Dr. and park in the lot. No facilities. (N32.817156, W117.059574)

Anza-Borrego Desert State Park

I4b

Saturday, February 9, 2019

9 AM–1 PM

(5 GROVES TRAIL) Explore the vegetation, bird, and animal life of the five palm groves, two of which have spring-fed surface water. Look for the unique torote tree, also called the elephant tree.

(Ocotillo) From I-8, exit on Imperial Hwy. (S-2) at Ocotillo. Turn left on S-2 and go 17.3 miles to about 0.1 mile before mile marker 47 (decreasing numbers). Turn left at the signed Mountain Palm Springs Campground entrance and follow a short dirt road to the end. Meet the Canyoneer host at the trailhead. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. Facilities are available at the campground. (N32.862550, W116.218790)

Santa Rosa Plateau Ecological Reserve

I5b

Saturday, February 16, 2019

8:30 AM–1 PM

(VERNAL POOL TRAILHEAD) View the only known examples of southern basalt flow vernal pools and then continue on to visit two historic adobes, circa 1857. Learn about the plateau's unique topography, geology, and habitats.

(Riverside County, Murrieta) From I-15 N, turn left on Clinton Keith Rd. and go 5.2 miles to Tenaja Rd. Continue 1.7 miles onto Via Volcano. Parking lot is 0.8 mile on the left. Pay the park's day use fee: \$4 adults, \$3 children. Facilities. (N33.509703, W117.294419)

El Monte Park

D4d

Sunday, February 17, 2019

9 AM–1 PM

(FLUME TRAIL) The trail follows switchbacks through chaparral and sage scrub to reach the area where a flume was built to carry water from El Capitan Reservoir to downtown San Diego.

(Lakeside) From I-8, exit north on Lake Jennings Rd. and go 1.8 miles. Turn right on El Monte Rd. and go 3.9 miles. Meet the Canyoneer host at the parking lot on the left just before the park entrance. Facilities. (N32.890350, W116.849897)

Clevenger Canyon Open Space Park

I3c

Wednesday, February 20, 2019

Midweek

8–10 AM

(SOUTH TRAIL) The trail zigzags to the top of a peak with wide open views of the San Pasqual Valley. Spice bush and monkey flower are just two of the many native plant species found here.

(Escondido) From I-15, exit east on Via Rancho Pkwy. and go 0.2 mile. Continue onto Bear Valley Pkwy and go 0.6 mile. Turn right on San Pasqual Rd. and go 3.5 miles. Turn right on CA-78 E/San Pasqual Valley Rd. and go 6.7 miles. The parking area is on the right side of CA-78 about 5.5 miles past Safari Park. No facilities. (N33.085277, W116.922198)

Anza-Borrego Desert State Park

IX6c

Saturday, February 23, 2019

9 AM–2 PM

(INDIAN HILL) Hike through hillsides of teddy bear cholla and barrel cactus to the remains of a primitive 1912 railroad camp.

(Ocotillo) From I-8, exit north on S-2 (Imperial Hwy), and go 8.7 miles. Turn left onto Mortero Wash (signed) to meet the Canyoneer host. Consolidate into 4WD or high-clearance vehicles and caravan to the trailhead. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.792889, W116.107661)

BLM - Southern Anza-Borrego

I6c

Sunday, February 24, 2019

New!

9 AM–3 PM

(DOMELANDS) Along the trail, discover an amazing variety of marine fossils attesting to the ocean waters that once covered this area. Stop at the other-worldly Domelands wind cave for a lunch break before beginning the return.

(Ocotillo) From I-8, turn north on S-2 (Imperial Hwy), and drive 7.1 miles to the turnoff on the right for Domelands (signed). Consolidate into 4WD or high-clearance vehicles and caravan 2 miles to the trailhead. No facilities. (N32.779171, W116.089914)

Mount Gower County Open Space Preserve

I5c

Saturday, March 2, 2019

8 AM–NOON

(SOUTH ROUTE) Chaparral and oak woodland provide corridors for diverse wildlife. There may be woolly blue curls and canchalagua along the trail. This walk involves a moderate climb to a viewpoint.

(Ramona) From I-8, exit north on CA-67 for 6.6 miles. Turn right on Willow Rd. and go 0.9 mile. Turn left on Wildcat Canyon Rd. and go 12.2 miles. Turn right on San Vicente Rd. and go 1.6 miles. Turn left on Gunn Stage Rd. and go 2.1 miles to the entrance of the Preserve. Park in the staging area. Facilities. (N33.026672, W116.792507)

Cleveland National Forest

I5c

Sunday, March 3, 2019

8:30 AM–1 PM

(BIG LAGUNA TRAIL) This hike has spectacular views as it passes under large pine and oak trees and climbs towards Laguna Meadow. Stop at Water-of-the-Woods pond for a snack break before heading back to the parking location.

(Mount Laguna) From I-8, exit on the Sunrise Highway (S-1). Turn left and go 5.5 miles. Park along the side of the road. Meet the Canyoneer host on the left side of the road opposite the wooden information platform on the right. A [National Forest Adventure Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.860868, W116.462077)

Cleveland National Forest

D6c

Saturday, March 9, 2019

9 AM–2:30 PM

(GARNET PEAK) Garnet Peak offers dramatic views of the desert and the Laguna Mountain Range. On a clear day the eastern views from this section of the Pacific Crest Trail may extend to the Salton Sea.

(Mount Laguna) From I-8, take Sunrise Hwy. (S-1) north. Drive 15.6 miles to the Pioneer Mail Trailhead just past Mile Marker 29 and park. A [National Forest Adventure Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. Facilities. (N32.924079, W116.480444)

Cabrillo National Monument

I2b

Sunday, March 10, 2019

10 AM–NOON

(BAYSIDE TRAIL) Encounter windswept vegetation and chaparral scrub forests on cliffs overlooking San Diego Harbor on this 2-mile round-trip hike. Remnants of World War II defense installations are visible. The return walk is all uphill.

(Point Loma) Take I-8 W to the end, then turn left on Sunset Cliffs Blvd. and go 0.1 mile. Keep left on Nimitz Blvd. and go 0.6 mile. Exit right on Famosa Blvd./Catalina Blvd. Turn right on Catalina Blvd. and continue 2.7 miles onto Cabrillo Memorial Dr. and follow it 2.5 miles to the monument. Park by the Visitor Center. Meet on the sidewalk to the lighthouse (next to the road). Entrance fee is \$15 per car. Please refer to Parking Fee Information at front of brochure. Facilities at the Visitor Center. (N32.673922, W117.240193)

Cleveland National Forest

I7d

Saturday, March 16, 2019

New!

8 AM–2 PM

(CIBBETS FLAT TO KITCHEN CREEK FALLS) This hike will cover a section of the Pacific Crest Trail from the Cibbets Flat campground, down past Kitchen Creek Falls and ending back on Old Hwy. 80. Along the way we'll encounter many species of native plants and wildlife as well as some magnificent views of eastern San Diego County.

(Buckman Springs) Take I-8 to Buckman Springs Rd. Turn right at the first stop sign (Buckman Springs Rd.) and left at the second stop sign (Old Hwy. 80). Proceed for 2 miles to the Pacific Crest Trail parking area on the right (just before the Forest Service campground). From here some cars will transport the group up to Cibbets Flat campground for the hike back down. A [National Forest Adventure Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. Facilities. (N32.732506, W116.483277)

McGinty Mountain Ecological Reserve

I2c or D5d

Wednesday, March 20, 2019

Midweek

8–10:30 AM or 8 AM–1 PM

(MCGINTY MOUNTAIN TRAIL) This small mountain southeast of El Cajon offers a hike with a 1,400-foot elevation gain/loss. Plants endemic to this island of gabbro soil are of special interest. The short hike to the South Ridge is about 2 miles round trip. The long hike to the summit is about 5 miles round trip and will take four to five hours.

(Jamul) From I-8, take CA-125 S for 2.1 miles. Exit on Spring St. for CA-94 E. Turn left on Spring St. Go 0.1 mile and turn right on CA-94 E. Go 4.6 miles. Turn right on Campo Rd. (CA-94). Go 4.5 miles. Turn left on Lyons Valley Rd. Go 0.7 mile. Turn left at Jamul Dr. and continue for 0.4 mile. Parking lot is on right. No facilities. (N32.729406, W116.872688)

Anza-Borrego Desert State Park

DX8b

Sunday, March 24, 2019

New!

8 AM–4 PM

(LYCIUM WASH) This wash is a hidden gem of geologic wonders. There are several dry falls and tight squeezes that make this a very challenging, but rewarding, hike.

(Ocotillo Wells) Take CA-78/79 to Julian and turn right on CA-78 E (Main St.) and go 34 miles. Turn right on Split Mountain Rd. and go 8 miles to meet the Canyoneer host. Consolidate into 4WD or high-clearance vehicles and caravan to the trailhead. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. No facilities. (N33.038255, W116.097017)

Pacific Crest Trail

I7d

Saturday, March 30, 2019

9 AM–1:30 PM

(EAGLE ROCK) Hike a section of the Pacific Crest Trail to reach a formation known as Eagle Rock. The first 2 miles pass through oaks continuing to sparse chaparral and grassland with abundant seasonal wildflowers.

(Warner Springs) From CA-67, continue east on CA-78 through Ramona. At Santa Ysabel, turn left (north) on CA-79 for 14 miles. Meet the Canyoneer host near the Warner Springs Fire Station. No facilities. (N33.273323, W116.645115)

Anza-Borrego Desert State Park

I7c

Saturday, April 6, 2019

New!

8:30 AM–3:30 PM

(CANYON SIN NOMBRE) The canyon is well known as an area of driving tectonic forces and awe-inspiring geologic structures. Explore some of the most interesting, but also easily accessible, slot canyons.

(Ocotillo) From I-8, turn north on S-2 (Imperial Hwy), and drive 13 miles to the turnoff on the right for Canyon Sin Nombre (signed). Consolidate into 4WD or high-clearance vehicles and caravan to the trailhead. There is an \$10 day use fee. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.830015, W116.170306)

Crestridge Ecological Reserve

E3a

Sunday, April 7, 2019

9–11 AM

(HORSEMILL ROAD TRAILHEAD) Visit this historically rich reserve and see the recovery from the 2003 fire that burned the majority of this ecological reserve. Enjoy a variety of seasonal wildflowers in bloom.

(El Cajon/Crest) From I-8, exit east on Greenfield Dr. and go 0.5 mile. Turn left on La Cresta Rd. and go 3.1 miles. Turn left onto Mountain View Rd. and go 1.2 miles. Turn left on Horsemill Rd. and go 0.6 mile. Park at end of street at signed entry to the reserve. Facilities. (N32.828041, W116.856170)

Cleveland National Forest

EX2b

Saturday, April 13, 2019

8:30–11:30 AM

(COTTONWOOD CREEK FALLS) On this 2-mile hike in the Laguna Mountains, with a gain/loss of 500 feet in elevation, follow a draw to where the creek emerges from a narrow canyon to create waterfalls.

(Mount Laguna) Take I-8 to Sunrise Hwy. (S-1) north. Drive 1.7 miles, just past mile marker 15. Park at either of the two large turnouts. The hike will begin at the north end of the east turnout. A [National Forest Adventure Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.825533, W116.496378)

Old Banner Road

I3c

Sunday, April 14, 2019

9 AM–NOON

(WARLOCK MINE) This site offers a wide variety of seasonal wildflowers on a downhill walk to the Warlock Mine. Re-energize with lunch before the return, which is uphill all the way.

(Julian) Drive east 1 mile from Julian on CA-78. Turn right on Whispering Pines Dr., then make an immediate sharp right turn onto Banner Rd. Go 0.1 mile. Turn left on Woodland Rd. Go 0.3 mile (passing Miners Ct.). Park on the street at the end of the road. No facilities. (N33.078505, W116.583982)

Cuyamaca Rancho State Park

I5d or I7d

Wednesday, April 24, 2019

Midweek

8 AM–12:30 PM or 8 AM–1:30 PM

(OAKZANITA PEAK) Scarlet larkspur and Indian pinks often brighten this challenging hike that climbs to the top of Oakzanita Peak for a spectacular view. There will be an option for a less strenuous hike of about 5 miles.

(Descanso) From I-8, exit at CA-79. Turn left and go 2.6 miles. Turn left to stay on CA-79 and go 3.2 miles. As you enter Cuyamaca Rancho State Park, park in the dirt lot immediately to the right after the sign. A \$10 day use fee or a [California State Park Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.889480, W116.576014)

Dos Picos County Park

E1a

Saturday, April 27, 2019

10 AM–NOON

(ERNIE PANTOJA MEMORIAL TRAIL) This 78-acre park is a hidden treasure. This trail is a special treat with beautiful views of the park and surrounding hills and an abundance of unusually large and healthy native plant species. After the walk enjoy watching waterfowl at the pond.

(Ramona) From I-15, exit east on Scripps Poway Pkwy. and go 8.6 miles. Turn left on CA-67 and go 7.4 miles. Turn right onto Mussey Grade Rd. and go 1.1 miles. Turn right on Dos Picos Park Rd. and go 0.6 mile. Turn left into the main park entrance and meet near the picnic tables. A \$3 day use fee or a [San Diego County Park and Recreation Parking Pass](#) is required to park. Facilities. (N32.999141, W116.939270)

Lake Morena County Park

I6c

Sunday, April 28, 2019

8:30 AM–1 PM

(LAKE LOOP TRAIL) Morena Reservoir and the Pacific Crest Trail in the Cleveland National Forest provide access to some spectacular areas of vegetation, including riparian and chaparral communities. Giant granitic boulders border portions of the lake and hint at the geological processes that helped form the area.

(Morena Village) Take I-8 to the Buckman Springs Rd. exit. Turn west on Buckman Springs Rd. and go 5.3 miles. Turn right on Oak Rd. and go 1.6 miles. Turn right on Lake Morena Dr. and go 0.4 mile. Turn left into the Pacific Crest Trail parking lot. A \$3 day use fee or a [San Diego County Park and Recreation Parking Pass](#) is required to park. Please allow extra time to pay the parking fee at the ranger station a short distance beyond the meeting site. Facilities. (N32.682526, W116.516789)

Oakoasis County Open Space Preserve

I3b

Saturday, May 4, 2019

9 AM–NOON

(OAK GROVE TRAIL) This trail, lined with wild lilac, passes through thick chaparral on a gentle upward slope. Take a short climb to a promontory overlooking San Vicente Reservoir and stop for a snack before beginning the return trip.

(Lakeside) From CA-67, exit east on Maplevue St. and go 0.3 mile. Turn left (north) onto Ashwood St. and go 1.0 mile. Continue onto Wildcat Canyon Rd. and go 3.3 miles. The preserve is on the left (west) at 12620 Wildcat Canyon Rd., about 2.5 miles past Louis A. Stelzer Park. Facilities. (N32.912668, W116.887228)

Volcan Mountain County Open Space Preserve

D4c or D6e

Sunday, May 5, 2019

8–11:30 AM or 8 AM–1 PM

(FIVE OAKS TRAIL) This 2,195-acre preserve offers an array of seasonal wildflowers in oak-pine woodland. The shorter hike will go up the shady Five Oaks Trail and then return. The longer hike will continue to Volcan Peak for a lunch stop and a grand view of the area.

(Julian) From CA-78/79 in Julian, take Main St. north out of Julian for 2.2 miles (Main St. becomes Farmer Rd.). Turn right on Wynola Rd. Go 100 yards and then take the first left, which is a continuation of Farmer Rd. The preserve entrance is on the right. Park on the shoulder of the road. No facilities. (N33.105256, W116.602487)

Cleveland National Forest

D8d

Saturday, May 11, 2019

8 AM–4 PM

(NOBLE CANYON) Enjoy a downhill trek through this beautiful stream-cut canyon in the Laguna Mountains. Pass through a stand of California bay-laurel trees and look for wild orchids, penstemons, or lilies. Bring plenty of water as the hike down to Pine Valley passes through open chaparral.

(Pine Valley) From I-8, exit north on Pine Valley Rd. and go 0.4 mile. Turn left on Old Hwy. 80. and go 1.2 miles. Turn right on Pine Creek Rd. and go 1.6 miles. Turn right at the Noble Canyon Trailhead sign and go 0.2 mile to meet the Canyoneer host and then caravan to trailhead. A [National Forest Adventure Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. Facilities. (N32.849770, W116.523082)

City of San Marcos

I6c

Sunday, May 12, 2019

9 AM–2 PM

(DOUBLE PEAK) See inspiring vistas and a remarkable assortment of flowering plants, with something blooming nearly every month of the year on a network of trails to and around Double Peak in San Marcos' Cerro de la Posas Hills.

(San Marcos) From CA-78 exit south on Twin Oaks Valley Rd. (exit 13) and go 0.7 mile. Turn right on Craven Rd. and go 0.6 mile. Turn left on Foxhall Rd. and go 0.2 mile to Discovery Lake Park. Park either on the lot or along the street. Facilities. (N33.125250, W117.178541)

Blue Sky Ecological Reserve

Wednesday, May 15, 2019

Midweek

E3a or D5c

7:30–9:30 AM or 7:30–11:30 AM

AM

(CREEKSIDE TRAIL) This easy walk just north of Lake Poway follows a stream and a woodland canyon of large oaks. The tracks of wild animals—including coyotes, mountain lions, and bobcats—attest to the habitats protected by the reserve. The longer hike option will climb to an overlook of Lake Poway.

(Poway) From I-15, go east on Rancho Bernardo Rd. for 1.5 miles. Continue onto Espola Rd. Go 1.6 miles. Turn left into the Blue Sky parking lot and drive to the end. Facilities. (N33.017394, W117.024871)

Cuyamaca Rancho State Park

Saturday, May 18, 2019

I6c

8:30 AM–2 PM

(JUAQUAPIN CREEK LOOP) Walk along a beautiful, shaded creek and stop for lunch near an area with morteros where native people once prepared food.

(Cuyamaca Rancho State Park) From I-8, exit north on to CA-79 and go 2.7 miles. Turn left to stay on CA-79 and go 4.9 miles. Turn into the large parking area on the right (0.5 mile past the Green Valley Campground). A \$10 day use fee or a [California State Park Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. No facilities. (N32.910431, W116.574175)

Palomar Mountain State Park

Sunday, May 26, 2019

I4c

9 AM–1 PM

(THUNDER SPRING/CHIMNEY FLATS) Enjoy a picturesque trail to Thunder Spring while hiking through bracken fern, oaks, and conifers. There are some steep elevation gains/losses as well as plenty of poison oak along the trail.

(Palomar Mt.) From I-15, take CA-76 east for 20.5 miles. Turn left on S-6 (South Grade Rd./Palomar Mountain Rd.) and go 6.7 miles until the intersection. Turn left to stay on S-6. Turn left again immediately on S-7 (State Park Rd.), just before the store and restaurant. Go 3.1 miles to the Park entrance. Then go 0.2 mile and turn right at stop sign. Go 1.4 miles following signs to School Camp and Doane Pond. Parking lot on right. A \$10 day use fee or a [California State Park Pass](#) is required to park. Facilities. (N33.341747, W116.901352)

Tijuana River Valley Regional Park

Saturday, June 1, 2019

New!

E5a

8:30 AM–12:30 PM

(CATHEDRAL TRAIL) This 1,800-acre park is bisected by the Tijuana River and the broad, flat floodplain provides an ideal environment to observe the diverse vegetation communities that attract transient bird populations as well as amphibians and reptiles such as lizards, frogs, and toads.

(Imperial Beach) From I-5, exit west on Tocayo Ave. and go 0.5 mile. Turn left on Hollister St. and go 0.7 mile. Turn right on Saturn Blvd. Park and meet the Canyoneer host. Facilities. (N32.553633, W117.084139)

Cuyamaca Rancho State Park

Sunday, June 2, 2019

I5c

8 AM–12:30 PM

(AZALEA GLEN) This loop trail begins and ends at Paso Picacho Campground. The walk is through meadows and dense forest, following a creek. Azaleas, columbines, and tiger lilies bloom along this shady, cool stream.

(Cuyamaca Rancho State Park) From I-8 E, exit at CA-79. Turn left and go 2.6 miles. Turn left to stay on CA-79 and go 9.3 miles to the entrance of the Paso Picacho Campground on the left. Meet the Canyoneer host in the

parking lot. A \$10 day use fee or a [California State Park Pass](#) is required to park. Please refer to Parking Fee Information at front of brochure. Facilities. (N32.960090, W116.580295)

Lake Hodges

E4a

Saturday, June 8, 2019

9 AM–NOON

(EAST ARM) Hike through varied terrain, pass a waterfall, and learn about Native American use of plants in this area that is rich in Kumeyaay history.

(Rancho Bernardo) Take I-15 to West Bernardo Dr./Pomerado Rd. and turn west. Go 0.5 mile. There is a turnoff into a dirt parking lot on the right. Meet at the signed Bernardo Bay Natural Area. No facilities. (N33.054405, W117.075216)

Torrey Pines State Reserve Extension

I2a

Wednesday, June 12, 2019

Midweek

9–11 AM

(DEL MAR SCENIC TRAIL) See Torrey pines, native chaparral, and seasonal wildflowers on this easy walk to a vista point overlooking Los Peñasquitos Lagoon and the ocean.

(Del Mar) From I-5, exit west on Carmel Valley Rd. and go 1.2 mile. Turn right onto Del Mar Scenic Pkwy. and go 0.3 mile to the end of the road and park. No facilities. (N32.938257, W117.252752)

Famosa Slough

E2a

Saturday, June 15, 2019

5–7 PM

(FAMOSA BOULEVARD TRAILHEAD) Observe many unique salt marsh plants that tolerate high salinity and being submerged by salt water. There is also an abundance of both visiting and year-round birds on this short 2-mile walk in this 37-acre natural wetland preserve.

(Pt. Loma) Take I-8 W to the end, then turn left on Sunset Cliffs Blvd. and go 0.1 mile. Keep left on Nimitz Blvd. and go 0.3 mile. Turn left on W. Point Loma Blvd. and go 0.5 mile. After crossing Famosa Blvd., park on the right. No facilities. (N32.752639, W117.228644)

Los Jilgueros Preserve

E2a

Sunday, June 16, 2019

9–11 AM

(LOS JILGUEROS TRAIL) Follow a looping path over a plank footbridge to view ponds and a freshwater marsh. Visit the firescape garden to learn about fire-resistant plants.

(Bonsall) From CA-76 exit north on South Mission Rd. and go 4.4 mile. Just past Sterling Bridge Ln., turn right into the Los Jilgueros Preserve driveway. No facilities. (N33.352804, W117.245813)

Palomar Mountain State Park

E3a

Sunday, June 23, 2019

9 AM–NOON

(WEIR/LOWER FRENCH VALLEY) Enjoy a picturesque trail through bracken fern and conifers, complemented by a side trip up a small stream to the old weir.

(Palomar Mt.) From I-15, take CA-76 east for 20.5 miles. Turn left on S-6 (South Grade Rd./Palomar Mountain Rd.) and go 6.7 miles until the intersection. Turn left to stay on S-6. Turn left again immediately on S-7 (State Park Rd.), just before the store and restaurant. Go 3.1 miles to the Park entrance. Then go 0.2 mile and turn right at stop sign. Go 1.4 miles following signs to School Camp and Doane Pond. Parking lot on right. A \$10 day use fee or a [California State Park Pass](#) is required to park. Facilities. (N33.341765, W116.901381)