

NOSH • NIBBLES • NUTS



# THE FLYING SQUIRREL

## DRINKS

### CUPPA' JOE

	Small	Large
Coffee	2	2.50
Americano	3	3.50
Cappuccino	4.75	5.25
Espresso	3	3.50
Latte	5	5.50
Mocha	5.25	5.75
Hot Chocolate	4.75	5.25
Tea	3	3.50



**ADD SYRUP (+.50)**

HOUSEMADE | ALL-NATURAL

ASK WHAT FLAVORS  
ARE FRESH TODAY

**SWITCH MILK  
(+.50)**

Almond | Soy

### { ON THE ROCKS }

Cold Brew	4.50	5
Iced Latte	5	5.50
Iced Mocha	5.25	5.75

**ADD ESPRESSO  
SHOT (+.50)**

### THIRST QUENCHING

### { FRESHLY MADE }

Italian Soda	5	5.75
Iced Tea (unsweetened)	3	3.50



**SODA FLAVORS**

HOUSEMADE | ALL-NATURAL

ASK WHAT FLAVORS  
ARE FRESH TODAY

### { BOTTLED UP }

Juice	2.25
Coconut Water	3.50
Organic Milk	2.25
Naked Smoothie	5.50
Sparkling Water	2.75
Still Water	2
Honest Ade Tea	3.20
Bai	3.20

**BEER + WINE**

{ 21+ | ENJOY IN CAFE ONLY }

Craft Beer	6
Wine	7

## GRAB + GO

### { MORNING FORAGE }

<b>Fresh Pastries</b>	varies
Croissants   Muffins   Scones   Cookies	
<b>Bird Feeder</b>	4.95
Homemade granola with yogurt + seasonal fruit	
<b>Woodland Muesli</b>	4.95
Grains, seeds, nuts, + seasonal fruit in greek yogurt	
<b>Chia Seed Cup</b>	4.95
Chia pudding with soy milk + seasonal fruit	

### { LUNCH + DINNER }

<b>Deli Sandwiches</b>	varies
Fresh selections change daily	
<b>Fruity, Leafy, + Pasta Salads</b>	varies
Fresh selections change daily	
<b>Housemade Rice Salads</b>	varies
Fresh selections change daily	

### { NIBBLES }

Chobani Yogurt	2.75
Sabra Hummus Cup	2.75
Chips	1.50
Granola Bar	2.50



## FROM THE KITCHEN

<b>Oatmeal</b>	6.50
Choice of milk, topped with seasonal fruit + nuts	
<b>Artisan Toast or Bagel of the Day</b>	2.50
Served with your choice of housemade spread	
<b>Campfire Breakfast Muffin</b>	7.95
Fried egg with cheddar + sauteed onions Ham   Turkey   Bacon	
<b>Cheek Stuffers</b>	6.50
Fried wontons stuffed with cheese, pecans, + spices	
<b>California Burger</b>	9.95
1/4 pound beef with avocado, cheddar, mozzarella, + onions	
<b>Street Tacos</b>	9.95
Roasted chicken with housemade sauces	
<b>Flying Dog</b>	6.50
All beef 1/4 pound hot dog   Stuff with melted cheese (+1)	

### FOR JUNIOR

<b>PB + J</b>	5
Artisan bread with housemade spreads	
<b>Little Flying Dog</b>	5
All beef junior-sized hot dog	
<b>Grilled Cheese</b>	6.50
Cheddar on artisan bread	

### LAY IT ON THICK (HOUSEMADE SPREADS)

Peanut Butter  
Jam  
(changes daily)  
Fruity Cream Cheese  
(changes daily)

### The Flying Squirrel

San Diego Natural History Museum, Balboa Park, San Diego, CA 92101

Learn more about the inspiration behind the name of our café.

[flyingsquirrels.sdnat.org](http://flyingsquirrels.sdnat.org)