

FREE GUIDED NATURE WALKS

CANYONEERS

September 2012–June 2013



theNAT

SAN DIEGO NATURAL HISTORY MUSEUM

Funding for Canyoneers is generously provided by
The Samuel I. & John Henry Fox Foundation and
The Samuel & Katherine French Fund.

We would like to thank the San Diego City Council and
Councilmember Todd Gloria for new supplies to enhance
Canyoneer hikes, inspiring individuals of all ages to connect with
nature and develop an understanding of regional conservation issues.

www.sdnhm.org

OPEN TO THE PUBLIC

NO RESERVATIONS ARE REQUIRED

619.232.3821 | www.sdnhm.org

Canyoneers are San Diego Natural History Museum volunteers trained to teach appreciation of plants and animals in Southern California.

If you are interested in volunteering as a Canyoneer visit www.sdnhm.org/volunteer or call the Director of Volunteers at 619.255.0245.

These programs are **interpretive nature walks**, not endurance hikes, and Canyoneers try to accommodate the desires and abilities of all participants. However, some of the walks can be taxing, especially those in the desert or mountains.

Hikes are ranked using the following system

Difficulty level

E Easy I Intermediate D Difficult X Extra*

*boulder scrambling, rough trail, low light, etc.

Mileage (rounded to nearest mile)

Elevation change (gain or loss)

a up to 200 feet b up to 500 feet c up to 1000 feet
d up to 1500 feet e greater than 1500 feet

Examples

Using the system above Florida Canyon is E2a
(Easy, 2 miles, up to 200 feet elevation change).

Meyer Valley/Boulder Peak is IX4c
(Intermediate, 4 miles, up to 1000 feet elevation change with X for boulder scrambling).

Be prepared! Wear comfortable walking shoes and a hat. Hiking boots are recommended for desert and mountain hikes. Bring adequate water and food; even the short or easy hikes can demand liquid and energy resources. You may also wish to bring a jacket, binoculars, and field guides. Bring rain gear if rain is a possibility. If you would like to accompany a more leisurely group, ask the Canyoneer host when you sign in. Check the online Museum calendar (www.sdnhm.org) for cancellations needed due to closures or call 619.232.3821; option 4-1.

Please follow common rules of courtesy and safety. Do not litter the trail or smoke. Dogs or other pets are not permitted on the walks, as they interfere with observing wildlife.

Group tours for scouts, senior citizen groups, clubs, and other organizations may be arranged by calling the Museum two weeks in advance at 619.255.0210. There is a nominal fee of \$2 per person. If your group of 10 or more plans to join a regularly scheduled Canyoneer walk on a Saturday or Sunday, please call the number above at least two weeks in advance so that arrangements can be made for a sufficient number of guides. School group hikes are also available for a fee of \$2 per person. Contact 619.255.0210 for information.

PARKING FEES

Parking fees have been instituted or increased at many hike locations. Such information, where available at the time this schedule was prepared, has been included. **Please check location websites or the phone numbers listed below for parking fee information as they are subject to change.**

County of San Diego

A \$40 annual parking pass waives the \$3 parking fee (per vehicle) in all San Diego County Regional Day-use Parks. Seniors (62+) and disabled persons park free. Passes may be purchased at the County Parks and Recreation Office: 5500 Overland Ave., Suite 410, San Diego, CA 92123. The office is open Monday–Friday, 8 AM–5 PM. You may purchase over the phone with a credit card by calling 858.565.3600. You may also purchase at all county parks.

Anza-Borrego Desert State Park

Generally, there is no day-use parking fee in Anza Borrego Desert State Park with the exception of the Borrego Palm Canyon Campground (\$8). There is also an overnight camping fee at this campground. For information call 760.767.5311.

Cleveland National Forest

California national forests, including Cleveland National Forest, require visitors to display a National Forest Adventure Pass in their vehicles when parked in a national forest for recreational purposes, including at trailheads in high use areas. A \$5 daily pass, or a \$30 annual pass valid for 12 months from month of purchase, is available at Forest Services offices and ranger stations, Adventure 16 and REI stores, and vendors within the forest. For information call the Descanso District, 619.445.6235, or the Palomar District, 760.788.0250, or visit www.fsadventurepass.org.

Cuyamaca Rancho State Park

A parking fee of \$8 is in effect for Paso Picacho and Green Valley campgrounds. A \$125 annual pass is valid for state parks. Parking is free in “turn-out” sites where not prohibited. This may change in the coming year. For information call 760.765.3020 or visit www.parks.ca.gov.



The San Diego Natural History Museum's education programs are funded in part by the City of San Diego Commission for Arts and Culture.

CALENDAR OF WALKS

Date Time Location region, notes

September 2012

16 Sun 9–10:30 AM Florida Canyon C
22 Sat 1–2:30 PM Mission Trails Regional Park (Kumeyaay Lake) C
 29 Sat 1–3 PM Tecolote Canyon Natural Park (N. Clairemont Park) C

October 2012

7 Sun 9–11 AM Batiquitos Lagoon NC
 13 Sat 1–3 PM Blue Sky Ecological Reserve I
 20 Sat 1–3 PM Los Peñasquitos Canyon Preserve (Trans-County Trail) C, \$P
 21 Sun 8–10 AM Greenbelt (Shepard) Canyon C
27 Sat 1–3 PM San Diego River–Mission Valley C

November 2012

3 Sat 1–3:30 PM Mission Trails Regional Park (Oak Canyon) C
 4 Sun 9–10:30 AM Lakeside River Park I
 10 Sat 1–3 PM Navajo Canyon Open Space Park C
 17 Sat 9–10:30 AM Mission Trails Regional Park (Jackson Drive) C
 18 Sun 10 AM–3 PM Calcite Mine & Slot Canyon D

December 2012

1 Sat 1–3 PM Crest Canyon Open Space Park NC
 7 Fri 5–9 PM Balboa Park December Nights C, W
 8 Sat 5–9 PM Balboa Park December Nights C, W
15 Sat 9 AM–3 PM Morteros & Ghost Mountain D
 16 Sun 9:30 AM–4 PM Split Mountain Wind Caves D
 21 Fri 6–7:30 AM Mission Trails Regional Park (Cowles Mountain Winter Solstice) C

January 2013

5 Sat 8–10 AM Ruffin Canyon Open Space C
 12 Sat 9–10:30 AM or 9 AM–1 PM Lake Hodges (North) I
 19 Sat 10 AM–Noon Bayside Trail C, \$P
 20 Sun 8–10 AM San Elijo Lagoon County Ecological Preserve (Rios) NC
26 Sat 10 AM–2 PM Kenyon Overlook & Mine Canyon D

February 2013

2 Sun 10 AM–2 PM Meyer Valley / Boulder Creek D
 9 Sat 3–5:30 PM Los Peñasquitos Canyon Preserve (Carson's Crossing) C
 10 Sun 9 AM–2 PM Indian Hill D
 16 Sat 9–11:30 AM Clevenger Canyon I
23 Sat 10 AM–3 PM Moonlight Canyon & Inner Pasture D
24 Sun 10 AM–2 PM Torote Canyon & Palm Bowl D

Note: bold indicates new hike location!

Regions Key:

C San Diego Central NC North Coast M Mountain
 I Inland D Desert SB South Bay

Code Legend:

\$P parking fee W wheelchair accessible

Date Time Location region, notes

March 2013

2 Sat 9–11 AM Los Peñasquitos Canyon Preserve (Del Vino) C
3 Sun 10 AM–1 PM Calavera Regional Nature Preserve (Lake/Mountain) NC
 9 Sat 9 AM–1 PM El Monte Park (Flume Trail) I
10 Sun 10 AM–1:30 PM Palo Verde Canyon & the Moly Mine D
 16 Sat 9 AM–1:30 PM Eagle Rock I
 17 Sun 10 AM–2 PM Hellhole Canyon Open Space Preserve I
 23 Sat 9:30 AM–3 PM Agua Caliente Creek M
 24 Sun 10 AM–12:30 PM South Rueda Canyon Trail Loop C
 30 Sat 10–11:30 AM Rice Canyon Preserve SB
 31 Sun 9:30 AM–Noon Silverwood Wildlife Sanctuary I

April 2013

6 Sat 9:30 AM–1 PM Stonewall Peak Loop M, \$P
 6 Sat 4–6 PM Rancho Mission Canyon Park (Northeast) C
7 Sun 8:30 AM–1 PM Tecate Cypress (Guatay Mountain Slope) M
13 Sat 8:30 AM–1:30 PM Pacific Crest Trail (Kitchen Crk. Rd. To Cibbets Flat) M
 13 Sat 10 AM–1 PM Black Mountain Open Space Park (Miner's Loop) C
 14 Sun 7:30–9 AM Santee Lakes I, \$P, W
 14 Sun 8:30 AM–1 PM Double Peak I
 20 Sat 10 AM–2 PM Santa Rosa Plateau I
 21 Sun 10 AM–Noon Elfin Forest Recreational Reserve I
 27 Sat 9–10:30 AM Point Loma Native Plant Reserve C
 27 Sat 9 AM–1 PM Eagle Peak M
 28 Sun 9–11 AM Torrey Pines State Reserve Extension NC

May 2013

4 Sat 8:30 AM–4 PM Indian Creek Trail M
5 Sun 10 AM–1 PM Daley Ranch (Stanley Peak) I
 11 Sat 9:30 AM–1:30 PM Ramona Grasslands I
12 Sun 9:30 AM–2 PM Wooded Hill Extended M, \$P
 18 Sat 9 AM–Noon Boulder Mountain Road Private Nature Trail C
 19 Sun 9:30 AM–12:30 PM Santa Margarita River Trail I
 25 Sat 5:30–7 PM Lake Hodges (East Arm) I
 26 Sun 9:30 AM–2:30 PM Volcan Mountain County Open Space Preserve M

June 2013

1 Sat 8:30–11:30 AM Cottonwood Creek Falls M
 1 Sat 6–7:30 PM Rose Canyon Open Space Park C
 2 Sun 5:30–7 PM San Elijo Lagoon County Ecological Preserve NC
 8 Sat 9–10:30 AM Piedras Pintadas Ridge I
 8 Sat 10 AM–2:30 PM Thunder Spring/Chimney Flats M, \$P
 9 Sun 8–9:30 AM Tijuana Estuary SB
 15 Sat 8–10 AM Crestridge Ecological Reserve I
 16 Sun 10–11:30 AM or 10 AM–12:30 PM Louis A. Stelzer County Park I, \$P, W
 22 Sat 10 AM–2 PM Silver Crest Loop M, \$P
 23 Sun 10 AM–2 PM Weir/Lower French Valley M, \$P
 29 Sat 5:30–7:30 PM Mission Trails Regional Park (Lake Murray–Kiowa) C, W

CANYONEER WALKS

Descriptions and Directions to Canyoneer Walks

Map references refer to the 2007 Thomas Guide (Map page-section). Other editions may be similar with 57th edition starting on page 996 with page D covering earlier 408–432 pages. Hiking difficulty is listed as a code by the name of each hike. The key can be found on the inside front cover.

The first letter corresponds to the difficulty, then number of miles, and the last letter is elevation change.

Driving times are approximated from Balboa Park. Parking fees listed at the front of the brochure are subject to change.



FLORIDA CANYON

E2_a

Sunday, September 16, 2012; 9–10:30 AM

Enjoy this canyon preserved by Helen Witham Chamlee. Together with Docents of the San Diego Natural History Museum, Chamlee founded the Canyoneers in 1973.

(Balboa Park) From Park Blvd., take Morley Field Dr. east, crossing Florida Dr. At the top of the hill, turn right twice into the parking lot next to the lawn. Facilities at tennis courts. (Map 1269-C7)

MISSION TRAILS REGIONAL PARK (KUMEYAAY LAKE)

E1_a

Saturday, September 22, 2012; 1–2:30 PM

This short, easy hike along a cottonwood and willow shaded lakeshore is perfect for young children, seniors, and avid birdwatchers.

(Santee) From I-8, exit north on CA-125, then left onto Mission Gorge Rd. west, with slight right turn onto Father Junipero Serra Trail to the parking lot at Bushy Hill Drive. Water and facilities. (Map 1230-F6)

TECOLOTE CANYON NATURAL PARK (N. CLAIREMONT PARK)

I4_c

Saturday, September 29, 2012; 1–3 PM

Our trail takes us through Tecolote Canyon from Chateau Dr. to Balboa Ave. on an easy walk of about 4 miles. Tecolote Creek provides a riparian habitat. There are many old coast live oaks here.

(Clairemont) From I-805, exit west on Clairemont Mesa Blvd. Turn left at Genesee Ave. and right on Bannock Ave. Alternate route: from I-5, take Hwy. 52 east to Genesee Ave. Go south on Genesee and turn right on Bannock Ave. Water and facilities. (Map 1248-F1)

BATIQUITOS LAGOON

E3_a

Sunday, October 7, 2012; 9–11 AM

A pleasant walk on level terrain provides ample opportunity to enjoy lagoon plants and shorebirds. Along the way is a native-plant garden.

(Carlsbad) From I-5, exit east on Poinsettia Lane. Turn right onto Batiquitos Dr., with another right on Gabbiano Lane. Park at the end of the road. No facilities. (Map 1127-A7)

BLUE SKY ECOLOGICAL RESERVE

E3_a

Saturday, October 13, 2012; 1–3 PM

This easy walk just north of Lake Poway follows along a stream and a woodland canyon of large oaks. The tracks of wild animals, including coyotes, mountain lions, and bobcats, attest to the habitats protected by the reserve. *(Poway) From I-15, exit east on Rancho Bernardo Rd., which becomes Espola Rd. (S5). The entrance to the reserve is at Espola Rd. and Green Valley Truck Trail. Park in the lot near the Reserve gate. Facilities. (Map 1170-G3)*

LOS PEÑASQUITOS CANYON PRESERVE (TRANS-COUNTY TRAIL)

E3_a

Saturday, October 20, 2012; 1–3 PM

Enjoy a short, level walk along Los Peñasquitos Creek through sycamore, willow, and oak trees.

(Rancho Peñasquitos) From I-15, exit west on Mercy Rd. Cross Black Mountain Rd. at the signal to enter the preserve parking lot and meet at the large trailhead sign. There is a \$3 parking fee. No facilities. (Map 1189-D7)

GREENBELT (SHEPARD) CANYON

E3_a

Sunday, October 21, 2012; 8–10 AM

Take a morning stroll through the canyon toward a small reservoir that attracts birds and other animals. This is part of a greenbelt area that sustains native vegetation in the area formally known as Camp Elliott.

(Tierrasanta) From I-15, exit east on Clairemont Mesa Blvd., then turn left (north) on Santo Rd. for 0.25 miles to the greenbelt and park on Antigua Blvd. west of Santo Rd. No facilities. (Map 1229-H7)

SAN DIEGO RIVER—MISSION VALLEY *New!*

E2_a

Saturday, October 27, 2012; 1–3 PM

Hidden amidst a maze of freeways and hotels, this area is part of a project to restore the vitality of the San Diego River as a wildlife habitat. Native plants and trees have been planted, and the islands in the river support several species of birds, from herons and blackbirds to coots and mallards.

(San Diego) From I-8, take Mission Center Rd. north. Cross the San Diego River and turn right into the parking lot. No facilities (Map 1269-B2)

MISSION TRAILS REGIONAL PARK (OAK CANYON) I3b

Saturday, November 3, 2012; 1–3:30 PM

The walk starts past the Old Mission Dam and follows a streambed rimmed by coast live oaks.

(San Diego, Mission Trails Regional Park) From I-8, exit north on Mission Gorge Rd. Turn left onto Father Junipero Serra Trail to the parking lot at the dam, or park along the road. Alternate route: From Santee take Mission Gorge Rd. west and turn right onto Father Junipero Serra Trail. Water and facilities. (Map 1230-F6)

LAKESIDE RIVER PARK E2a

Sunday, November 4, 2012; 9–10:30 AM

Join us on 100 acres earmarked for restoration as wetlands and upland habitat.

(Lakeside) From Hwy. 8, exit north on Hwy. 67 to Lakeside, exit left on Wintergarden Blvd. Take the first left turn past the freeway. Meet Canyoneer host in parking lot. No facilities. (Map 1231-J3)

NAVAJO CANYON OPEN SPACE PARK E2a

Saturday, November 10, 2012; 1–3 PM

Walk the streambed partway up Navajo Canyon, which cuts narrowly into the communities of Del Cerro and Allied Gardens.

(San Diego) From I-8, exit north on Waring Rd., then right at first signal. Park on the street. No facilities. (Map 1250-A7)

MISSION TRAILS REGIONAL PARK (JACKSON DRIVE) E2b

Saturday, November 17, 2012; 9–10:30 AM

This side entrance to Mission Trails Regional Park allows viewing access to a combination of non-native and native plants. Meta volcanic, plutonic, and volcanic rocks also make this area very interesting geologically.

(San Carlos) From I-8, exit north on Mission Gorge Rd., then left (north) at Jackson Dr. and park in the lot. No facilities. (Map 1250-D3)

CALCITE MINE AND SLOT CANYON I4c

Sunday, November 18, 2012; 10 AM–3 PM

This 4-mile walk passes through a slot canyon with narrow upper reaches to an area where optical-quality calcite was mined during World War II.

(Borrego Springs) From I-8, exit north on Hwy. 67 to Ramona. From there take Hwy. 78 east. Go left on Hwy. 79. Turn right at San Felipe Rd./San Felipe Valley Rd. (S2), then left at Montezuma Valley Rd. (S22). Turn right at Palm Canyon Dr. and park at Christmas Circle in Borrego Springs to meet the Canyoneer host. We will consolidate into 4WD or high-clearance vehicles to reach the trailhead. Allow 2 hours driving time. Facilities at Christmas Circle. (See page 1058, Map 1078-J2)

CREST CANYON OPEN SPACE PARK E2a

Saturday, December 1, 2012; 1–3 PM

Enjoy a variety of native and non-native plants. This dirt trail ascends gradually into the canyon through coastal sage scrub and chaparral.

(Del Mar) From I-5, exit west on Via de la Valle, then turn left (south) onto Jimmy Durante Blvd. Just after crossing the bridge over the San Dieguito River, turn left (east) onto San Dieguito Dr.; this becomes Race Track View Dr. Continue through to the stop sign, parking on the road shoulder. No facilities. (Map 1187-H4)

BALBOA PARK DECEMBER NIGHTS E1a

Friday, December 7, 2012; 5–9 PM

Saturday, December 8, 2012; 5–9 PM

In this annual event, Canyoneers will be selling locally gathered mistletoe to benefit the San Diego Natural History Museum.

(Balboa Park) The Museum is located south of the zoo at Park Blvd. and Village Pl. Wheelchair accessible. Facilities (Map 1269-C7).

Check www.balboapark.org/decembernights for parking information.

MORTEROS AND GHOST MOUNTAIN New! I3b

Saturday, December 15, 2012; 9 AM–3 PM

Visit a Kumeyaay cultural area where foods were processed leaving deep morteros in the native rock. Then visit the home of Marshal South, a modern-day homesteader who emulated Native American life ways.

(Anza-Borrego Desert State Park) From I-8, exit north on Hwy. 79 through Cuyamaca Rancho State Park to Julian. Turn east on Hwy. 78 and proceed to the junction of Hwy. 78 and S2 (Scissors Crossing). Turn south on S2. Go about 6 miles to the signed entrance to Blair Valley on the east side of the road. Meet the Canyoneer host in the parking area by the vault toilets. Carpool to Morteros and Ghost Mountain. Allow 2 hours driving time. (Map 410-A11)

SPLIT MOUNTAIN WIND CAVES D4b

Sunday, December 16, 2012; 9:30 AM–4 PM

We drive through the geologically interesting Split Mountain to Sandstone Canyon, leaving the high-clearance vehicles to walk through this spectacular wash with walls that are 200 feet high in places.

(Anza-Borrego Desert State Park) From I-8, exit on Hwy. 79 through Cuyamaca Rancho State Park to Julian. Turn right on Hwy. 78, meeting the Canyoneer host at the Tamarisk Grove/Yaqui Pass Junction (Hwy78/S3). We will consolidate into 4WD or high-clearance vehicles to reach the trailhead. Allow 2 hours driving time. No facilities. (Map 410-C10/page D)





**MISSION TRAILS REGIONAL PARK
(COWLES MOUNTAIN WINTER SOLSTICE) DX3c**

Friday, December 21, 2012; 6–7:30 AM

Ascend Cowles Mountain in near-darkness to watch the sunrise on the first day of winter at a Kumeyaay solstice observatory, about halfway up the mountain.

(San Carlos, Mission Trails Regional Park) From I-8, exit north on College Ave., then turn right (east) onto Navajo Rd. Drive 2.5 miles to Golfcrest Dr. Turn left on Golfcrest Dr. and park. Meet near the northeast corner of Golfcrest Dr. and Navajo Rd. Water and facilities. (Map 1250-F4)

RUFFIN CANYON OPEN SPACE I3c

Saturday, January 5, 2013; 8–10 AM

Please join us on this rocky trail through an urban canyon, which is part of the San Diego River watershed.

(Serra Mesa) From I-15, exit west on Aero Dr., then go south on Ruffin Rd. Cross Gramercy Dr. and meet the Canyoneer host at the east side of Taft Middle School. No facilities. (Map 1249-E5)

LAKE HODGES (NORTH) E3a or I6c

Saturday, January 12, 2013; 9–10:30 AM or 9 AM–1 PM

We will lead two hikes here today, depending on public interest. Bring your binoculars. On Hike 1 we will view birds as we cross the new footbridge over the lake and then explore Felicita Creek. On Hike 2 we will cross the footbridge and then climb Bernardo Mtn. for a panoramic view of the lake with possible views to the ocean.

(Rancho Bernardo) Take I-15 to the West Bernardo Dr./Pomerado Rd. exit. Turn left onto West Bernardo Dr. Within a half mile, there is a turnoff into a dirt parking lot on the right. Meet at the signed Bernardo Bay Natural Area. No facilities. (Map 1150-A5)

BAYSIDE TRAIL I2b

Saturday, January 19, 2013; 10 AM–Noon

Encounter windswept vegetation and chaparral scrub forests on cliffs overlooking San Diego harbor on this 2-mile round-trip hike. Remnants of WWII defense installations are visible. The return walk at your own pace is all uphill.

(Point Loma, Cabrillo National Monument) From I-8, exit on Rosecrans St. Turn right on Cañon St. and continue 1 mile to the traffic signal at Catalina Blvd. Turn left (south) and follow the road to Cabrillo National Monument and park. Meet on the sidewalk to the lighthouse (next to the road). Parking is \$6 per car. Water and facilities at the Visitor Center. (Map 1308-A2)

**SAN ELIJO LAGOON COUNTY
ECOLOGICAL PRESERVE (RIOS) E2a**

Sunday, January 20, 2013; 8–10 AM

The preserve has more than 250 shore and water birds in multiple plant communities that include marsh, coastal sage scrub, and chaparral. Bring your binoculars!

(Solana Beach) From I-5, exit west on Lomas Santa Fe Dr. Turn right (north) onto Rios Ave. Go to the end of the road and park. No facilities. (Map 1167-E6)

**KENYON OVERLOOK New! EX5b
AND MINE CANYON**

Saturday, January 26, 2013; 10 AM–2 PM

Hike to an impressive view of Anza-Borrego's Mescal Bajada for an overview of the overlapping alluvial fans that flow down from the Pinyon Mountains. See Mine Canyon from this vantage point before exploring the canyon itself where a large Kumeyaay village site with hundreds of agave-roasting pits is found.

(Anza-Borrego Desert State Park) From I-8, exit north on Hwy. 79 through Cuyamaca Rancho State Park to Julian. Turn east on Hwy. 78 and proceed to the junction with S3 at Tamarisk Grove. Turn left on S3 and drive 2 miles to the top of Yaqui Pass, parking at the Yaqui Pass Primitive Camp. Meet the Canyoneer host in the parking area. No facilities. Afterwards, caravan to Mine Canyon on Hwy.78 and then consolidate into high-clearance vehicles to drive to the village site. Allow 2 hours driving time. No facilities. (Map 410-C10) page D)

MEYER VALLEY / BOULDER CREEK IX4c

Saturday, February 2, 2013; 10 AM–2 PM

Spectacular geologic formations and desert landscapes show effects of weathering. Examine Nolina (bear grass) as well as high-desert vegetation. Note: This hike starts and ends at an old Hwy. 80 embankment and involves some boulder scrambling with loose gravel.

(Imperial County, Jacumba Wilderness Area) From I-8 east, exit Mountain Springs turn off, past Jacumba. Turn left under the freeway and park in the open area on the right. A carpool will take you from there to the starting point on Old Hwy. 80. Allow 1.5 hours driving time. No facilities. (Map 430-G8)

**LOS PEÑASQUITOS CANYON PRESERVE E3a
(CARSON'S CROSSING)**

Saturday, February 9, 2013; 3–5:30 PM

Cross Los Peñasquitos Creek twice on this loop hike that passes through grasslands and riparian habitat. Watch for deer and rabbits on this generally level hike.

(Rancho Peñasquitos) From I-15, exit west on Mercy Rd. Turn right (north) on Black Mountain Rd., then left (west) at Park Village Rd. and left (south) at Camino Ruiz. Park along the street near the kiosk. No facilities. (Map 1189-A7)



INDIAN HILL

IX6c

Sunday, February 10, 2013; 9 AM–2 PM

Hike through hillsides of teddy bear cholla and barrel cactus to the remains of a primitive 1912 railroad camp.

(Anza-Borrego Desert State Park) From I-8, exit at Ocotillo and go northwest on S2 for 4.1 miles, turning left onto an unmarked dirt road. Meet the Canyoneer host there. We will consolidate into 4WD or high-clearance vehicles to reach the trailhead. Allow 2 hours driving time. No facilities. (Map 430-F6)

CLEVENGER CANYON

I4d

Saturday, February 16, 2013; 9–11:30 AM I3c

The trail zigzags to the top of a peak with spice bush and monkey flower, a sampling of the many plant species here.

(Near San Diego Zoo Safari Park) From I-15, take Hwy. 78 east (San Pasqual Valley Rd.). Continue 5.3 miles east of the Wild Animal Park. The parking area is on the south side of Hwy. 78. No facilities. (Map 1131-H7)

MOONLIGHT CANYON *New!* AND INNER PASTURE

IX5c

Saturday, February 23, 2013; 10 AM–3 PM

Hike through white-tinted mountains of Moonlight Canyon from the Agua Caliente Hot Springs to the isolated Inner Pasture between the Sawtooth Mountains and the Tierra Blanca Mountains of Anza-Borrego where Indians once lived.

(Anza-Borrego Desert State Park) From I-8, exit north on Hwy. 79 through Cuyamaca Rancho State Park to Julian. Turn east on Hwy. 78 and proceed to the junction of Hwy. 78 and S2 (Scissors Crossing). Turn south on S2. Drive 21 miles to the store at the entrance of Agua Caliente County Park. Meet the Canyoneer host in the parking area. Allow 2 hours driving time. Facilities. (Map 430-D3/page D).

TOROTE CANYON AND PALM BOWL *New!* IX5b

Sunday, February 24, 2013; 10 AM–2 PM

Hike up past smoke trees into Indian Gorge to Torote Canyon to view native elephant trees, and then climb over a ridge to the very isolated Palm Bowl to view the most western palm oasis of Mountain Palm Springs.

(Anza-Borrego Desert State Park) From I-8, exit on S2 at Ocotillo. Go northwest on S2 for about 18 miles, past the turnoff for Mountain Palm Springs, to the signed turnoff to Indian Gorge to the left. Follow the dirt road to meet the Canyoneer host. Allow 2 hours driving time. No facilities. (Map 430-E3/page 5).

LOS PEÑASQUITOS CANYON PRESERVE *New!* E3b (DEL VINO)

Saturday, March 2, 2013; 9–11 AM

This is an easy walk from the Del Vino Court Trail Head past a pond to the waterfall on Peñasquitos Creek.

(San Diego) From I-5, exit onto the CA-56 local bypass North, continue to CA-56 East, and exit right (South) onto Carmel Country Rd. Turn left onto Del Mar Mesa Rd., then a slight right onto Little McGonigle Ranch with a right turn onto Del Vino Ct., park at end of road. Trail head is on left side of the road. No facilities. (Map 1188-G7)

CALAVERA REGIONAL NATURE PRESERVE *New!* IX3c (LAKE/MOUNTAIN)

Sunday, March 3, 2013; 10 AM–1 PM

Excellent views from the mountain top. Observe natural lands habitat restoration in progress. Enjoy a chance to explore an ancient extinct volcano, view waterfowl visiting the lake, and observe several different plant communities.

(Carlsbad) From the I-5, continue east on Hwy 78, then south on College 0.4 miles to Lake Blvd. and turn left. Drive east 1.5 miles and turn right into the Oak Riparian Park parking lot at Ridge Rd. Picnic tables and facilities. (Map 1107-C3)

EI MONTE PARK (FLUME TRAIL)

D4d

Saturday, March 9, 2013; 9 AM–1 PM

Trail follows switchbacks through chaparral and sage scrub to reach the area where a flume was built to carry water from El Capitan Reservoir to downtown San Diego.

(Lakeside) From I-8, exit north on Lake Jennings Rd., and turn right on El Monte Rd. Meet the Canyoneer host at parking lot before park entrance. No facilities. (Map 1213-A6)

PALO VERDE CANYON *New!* AND THE MOLY MINE

I5c

Sunday, March 10, 2013; 10 AM–1:30 PM

Hike one of the canyons of the Santa Rosa Mountains that is named for the many palo verde trees found in the wash. An old mine is found in the canyon from which there is a view of the undulating badlands.

(Anza-Borrego Desert State Park) From I-8, exit north on Hwy. 67 to Ramona. From there take Hwy. 78 east. Go left on Hwy. 79. Turn right at San Felipe Rd./ San Felipe Valley Rd. (S2), then left at Montezuma Valley Rd. (S22). Turn right at Palm Canyon Drive, and park at Christmas Circle in Borrego Springs to meet the Canyoneer host. We will caravan to Palo Verde Canyon. Allow 2 hours driving time. Facilities at Christmas Circle. (see page 1058, Map 1078-J2).

EAGLE ROCK

I7d

Saturday, March 16, 2013; 9 AM–1:30 PM

We will hike a section of the Pacific Crest Trail to reach a formation known as Eagle Rock. The first 2 miles pass through oaks, continuing to sparse chaparral and grassland.

(Warner Springs) From Hwy. 67 continue east on Hwy. 78 through Ramona. At Santa Ysabel, turn left (north) on Hwy. 79 for 14 miles. Meet the Canyoneer host near the Warner Springs Fire Station. No facilities. (Map 409-K8)

HELLHOLE CANYON OPEN SPACE PRESERVE 13b

Sunday, March 17, 2013; 10 AM–2 PM

Travel through chaparral and along Hell Creek on this 2.5-mile hike. This community features mixed chaparral, wildflowers, wild lilac, redberry, scrub oak, and mission manzanita.

(Valley Center) From I-15, exit east on Valley Pkwy. (S6) for 6 miles to Lake Wohlford Rd. (Valley Pkwy. changes to 2nd St. and back to Valley Pkwy.). Go east (right) on Lake Wohlford Rd., then right on Paradise Mountain Rd., then turn left on Kiavo Dr. Continue to the preserve entrance and park in the lot. Allow 75 minutes driving time. Water and facilities. (Map 1091-H3)

AGUA CALIENTE CREEK

D5b

Saturday, March 23, 2013; 9:30 AM–3 PM

We will be hiking a section of the Pacific Crest Trail where wildflowers should be plentiful along Agua Caliente Creek.

(Warner Springs) From Hwy. 67, continue east on Hwy. 78, then left (north) on Hwy. 79 in Santa Ysabel to a parking area (just past mile marker 36.5). Turn and park at the Canyoneer sign to meet the host. A National Forest Adventure Pass is required to park. Please refer to Parking Fee Information on the inside front cover. Allow 2 hours driving time. No facilities. (Map 409-K5)

SOUTH RUEDA CANYON TRAIL LOOP

I3a

Sunday, March 24, 2013; 10 AM–12:30 PM

Learn chaparral plants and the history of the area on this morning walk along the canyon, following La Cuenta Dr. ridge for a 3-mile loop via Tierrasanta Blvd./Ducos Pl.

(Tierrasanta) From I-15, exit east on Tierrasanta Blvd., then turn right on La Cuenta Dr. for approximately 0.3 miles, parking on the street next to Roadrunner Park. No facilities. (Map 1229-H7)

RICE CANYON PRESERVE

E4a

Saturday, March 30, 2013; 10–11:30 AM

This easy walk through the canyon offers the opportunity to observe a diversity of chaparral plants.

(Chula Vista) Take I-805 south to H St. Head east on East H St. to the traffic signal at Paseo Ranchero and turn left. Go 2 blocks, then turn right on Rancho Del Rey Pkwy. Across the street on the left will be a sign identifying Rice Canyon Preserve. Turn left into the parking lot. Facilities in Discovery Park. (Map 1311-A5)

SILVERWOOD WILDLIFE SANCTUARY

E2a

Sunday, March 31, 2013; 9:30 AM–Noon

This oak-dotted Audubon Society preserve contains wildflowers in season and higher-elevation chaparral growth. We will be able to observe plant regeneration after the 2003 Cedar fire.

(Lakeside) From Hwy. 67, exit east on Mapleview St., then turn left (north) onto Ashwood St., which changes to Wildcat Canyon Rd. Drive 5 miles. Silverwood is on the right just beyond Oak Oasis. Facilities. (Map 1212-F2)

STONEWALL PEAK LOOP

I5c

Saturday, April 6, 2013; 9:30 AM–1PM

Follow this switchback trail to granitic Stonewall Peak, elevation 5,730 ft. Enjoy views of Cuyamaca Reservoir and nearby peaks of the Cuyamaca Mountains.

(Cuyamaca Rancho State Park) From I-8, exit north on Hwy. 79. Drive about 12 miles and meet across the road from the entrance to Paso Picacho Campground. Parking fee is \$8. Facilities. (Map 1176-E2)

RANCHO MISSION CANYON PARK (NORTHEAST)

E3a

Saturday, April 6, 2013; 4–6 PM

We will caravan to a high point, and then go downhill 2.5 miles through prickly pear cactus and other chaparral plants with numerous trap door spider homes along the way.

(San Carlos) From I-8, exit north on Mission Gorge Rd. to Margerum Ave. Turn right (southeast) at the intersection and proceed a couple of blocks to the parking lot on the left. Water and facilities. (Map 1250-C4)

TECATE CYPRESS (GUATAY MOUNTAIN SLOPE)

New!

DX5d

Sunday, April 7, 2013; 8:30 AM–1 PM

The Tecate cypresses on Guatay Mountain are thought to be the oldest (100+ years) and highest-elevation (4000–4500 feet) specimens of that species existing anywhere.

(Pine Valley) From I-8, take Exit 45 north on Pine Valley Road, then turn left on Old Hwy. 80 for 1.5 miles. Park in the Pine Creek Trail Head on the left. A National Forest Adventure Pass is required to park. Please refer to Parking Fee Information on page 3. Allow 1 hour driving time. Facilities. (Map 1237-A4)

PACIFIC CREST TRAIL (KITCHEN CRK. RD. TO CIBBETS FLAT)

New!

I6b

Saturday, April 13, 2013; 8:30 AM–1:30 PM

This is a 3-mile out, then back trek that starts on a ridge line. See expansive views of back country chaparral before dropping into a valley lined with chamise, mountain blue curls, big berry manzanita and an occasional desert four o'clock.

(Cleveland National Forest) Take I-8 east to Buckman Springs Rd. Turn right (south) at the first stop sign and left (east) at the second stop sign. Proceed for 2 miles to the Forest Service campground. (Pacific Crest Trail parking). A National Forest Adventure Pass is required to park. Please refer to Parking Fee Information on the inside front cover. We will then caravan to trail head. Allow 1.5 hours driving time. Water and facilities. (Map 430-A8)

BLACK MOUNTAIN OPEN SPACE PARK (MINER'S LOOP)

I3b

Saturday, April 13, 2013; 10 AM–1 PM

Hike through chaparral to view the remains of an old arsenic mine. Wildflowers should be plentiful on this moderately challenging hike.

(Rancho Peñasquitos) Take I-15 to 56 west, then exit north on Black Mountain Rd. Turn right on Carmel Valley Rd. and go 0.9 miles to the second Black Mountain Open Space entrance on the right (first entrance is the glider port), driving uphill to meet the Canyoneer host in the parking lot. No facilities. (Map 1169-E7)



SANTEE LAKES

E2a

Sunday, April 14, 2013; 7:30–9 AM

A focus on birds during this early morning walk includes coots, grebes, double-crested cormorants, reintroduced wood ducks, and possibly white pelicans. (Santee) From Hwy. 52, exit east on Mast Blvd. Turn right (south) onto Fanita Pkwy. Meet the Canyoneer host past the gate to the first parking lot on the left. Facilities. (Map 1231-A5)

DOUBLE PEAK *New!*

I6c

Sunday, April 14, 2013; 8:30 AM–1 PM

See inspiring vistas and a remarkable assortment of flowering plants. There is something blooming nearly every month of the year on this network of trails to and around Double Peak in San Marcos' Cerro de la Posas Hills. (San Marcos) Take I-15 to Escondido and merge onto CA-78 West (Exit 32) until exiting with a left turn onto Twin Oaks Valley Road (exit 13). Turn right on Craven Road, then left on Foxhall Road to Discovery Lake Park. Picnic area with facilities. (Map 1128-G3)

SANTA ROSA PLATEAU

I6b

Saturday, April 20, 2013; 10 AM–2 PM

View the only known examples of the Southern Basalt Flow vernal pools and then continue on to Riverside County's historic adobes, circa 1857. Because of the geology and the current state of erosion, the topography is nearly flat—very unusual for southern California! (Riverside County, Murrieta) From I-15, go southwest on Clinton Keith Rd. to the Visitor's Center and pay the park's day-use fee: \$2 adults, \$1 children. Meet the Canyoneer host there to caravan to the vernal pool trailhead. Allow 1 hour driving time. Water and facilities. (Map 409-B3)

ELFIN FOREST RECREATIONAL RESERVE

I3c

Sunday, April 21, 2013; 10 AM–Noon

While crossing Escondido Creek, enjoy wildflowers and the soothing sounds of the water. Then go uphill on the Botanical Loop Trail and descend to the staging area (about 1 mile round trip). There, you can choose to continue on the Way Up Trail to the top of the ridge. Alternate Route: cross the creek via a wide, paved area to begin the Botanical Loop Trail with the option of following it to the creek or continue on the Way Up Trail. (Escondido) From I-15 to Escondido, go west on Hwy. 78. Exit Nordahl Rd. (which becomes Citracado Pkwy.) going south. Cross Mission Rd. and turn on Country Club Rd. Continue south 2 or 3 miles to Harmony Grove Rd. Turn right and continue about 2 miles to the Reserve's parking lot on the left. Alternate Route: From I-5, exit La Costa Ave. Go east about 4 miles to Rancho Santa Fe Rd. and turn left. Proceed about 2 miles to San Elijo Rd. and turn right. Proceed about 2 miles to Elfin Forest Rd. (which becomes Harmony Grove Rd.). Continue about 3 miles to the Reserve's parking area on the right. Allow 1 hour driving time. Water and facilities. (Map 1129-D1, D2 then 1149-B1)

POINT LOMA NATIVE PLANT RESERVE

E1a

Saturday, April 27, 2013; 9–10:30 AM

Join us for a short walk to look at native plants, interspersed with some rare species, in this reserve overlooking Nimitz Blvd. (Point Loma) From I-8, turn left on each street: Sunset Cliffs Blvd., Voltaire St. and Soto St. Meet the Canyoneer host in Collier Park. No facilities. (Map 1268-A6)

EAGLE PEAK

I4d

Saturday, April 27, 2013; 9 AM–1 PM

The trail has panoramic views of Three Sisters Waterfalls with the view on a clear day extending to the ocean near Eagle Peak. (Descanso) From I-8, exit north on Hwy. 79 and then go left (west) on Riverside Dr. Turn left on Viejas Grade then make an immediate right past the store onto Oak Grove Dr. Turn right on Boulder Creek Rd. and drive 13 miles (it becomes a well-kept dirt road) to a hairpin turn that intersects Cedar Creek Rd. and the trailhead. No facilities. (Map 1175-B6)

TORREY PINES STATE RESERVE EXTENSION

I2a

Sunday, April 28, 2013; 9–11 AM

See rare Torrey pines, native chaparral, and wildflowers on this walk to a vista point overlooking Peñasquitos Lagoon and the ocean. (Del Mar) From I-5, exit west on Carmel Valley Rd. Turn right (north) onto Del Mar Scenic Pkwy. Go to the end of the road and park. No facilities. (Map 1207-H1)

INDIAN CREEK TRAIL

D10c

Saturday, May 4, 2013; 8:30 AM–4 PM

Beautiful vistas along a canyon and a stream make this walk enjoyable. Vegetation varies from pine forest and black oaks to scrub oaks with a view of the Salton Sea on this 10-mile loop. (Cleveland National Forest) From I-8 east, exit Sunrise Hwy. (S1) north and proceed 13.5 miles to the Penny Pines turnout near Mile Marker 27. A National Forest Adventure Pass is required to park. Please refer to Parking Fee Information on the inside front cover. Allow 1.5 hours driving time. No facilities. (Map 1218-A2)



DALEY RANCH (STANLEY PEAK) *New!* 15d
Sunday, May 5, 2013; 10 AM–1 PM
Enjoy an invigorating hike to Daley Ranch's highest peak while delighting in the sights and smells of chaparral and coastal sage plant communities.
(Escondido) Go north on Hwy 163, merge onto I-15, and continue north to Escondido. Exit at El Norte Parkway and go east 5 miles, then make a left on Valley Parkway (which becomes Valley Center Road). At the second signal, make another left on Beven Dr., go about 200 yards, cross a bridge and make a right on Save-a-Life Ln. There will be signs for both the Humane Society and the Caballo Trail. Ample parking, no water or facilities. (Map 1110-F5)

RAMONA GRASSLANDS E5a
Saturday, May 11, 2013; 9:30 AM–1:30 PM
A pond and wildflowers are highlights of this grasslands 5-mile walk that continues on through sage scrub and chaparral habitats.
(Ramona) From I-8, go north on Hwy. 67. Turn left (north) on Archie Moore Rd. Go east on Highland Valley Road. Meet the Canyoneer host at the signed location. No facilities. (Map 1151-H7)

WOODED HILL EXTENDED *New!* E5b
Sunday, May 12, 2013; 9:30 AM–2 PM
This 5-mile walk will start at Wooded Hill, then continue along the Old County Road to Agua Dulce Creek, stopping for lunch to relax before continuing back.
(Cleveland National Forest) From I-8, exit north on Sunrise Hwy. (S1) and go 8.3 miles to Wooded Hill Rd. Turn left and drive about 0.25 miles. Park on the left near the trail head. A National Forest Adventure Pass is required to park. Please refer to Parking Fee Information on page 3. Allow 1.5 hours driving time. Facilities. (Map 430-B4)

BOULDER MOUNTAIN ROAD PRIVATE NATURE TRAIL E4a
Saturday, May 18, 2013; 9 AM–Noon
The owner of this private property has given the Canyoneers special permission to lead a hike on this date only. Please join us at this Poway location with exceptional varieties of native plants.
(Poway) From I-15, exit east on Rancho Bernardo Rd., which becomes Espola Rd. (S5). Make right turns on Martincoit and Orchard Gate, then left on Lime Grove which turns right, becoming Arroyo Vista Rd. Turn left on Boulder Mountain Rd. and meet the Canyoneer host. Do not be late, as we will have limited access through the gate. (Map 1170-E5)

SANTA MARGARITA RIVER TRAIL EX3a
Sunday, May 19, 2013; 9:30 AM–12:30 PM
There should be a grand display of wildflowers on the river trail at this time of year.
(Fallbrook) From I-15, exit Mission Rd. toward Fallbrook then left at E. Mission Rd./Old Hwy. 395. Right at E. Mission Rd., then another right at N. Pico Ave. continuing on De Luz Rd. Slight right at Sandia Creek Dr., then enter the parking lot. (If you drive over the Arizona Crossing you missed the lot!) Allow 1.5 hours driving time. No facilities. (Map 997-G5)

LAKE HODGES (EAST ARM) E4a
Saturday, May 25, 2013; 5:30–7 PM
Hike through varied terrain, pass a waterfall, and learn about Native American use of plants in this area rich in Kumeyaay history.
(Rancho Bernardo) Take I-15 to the West Bernardo Dr./Pomerado Rd. exit. Turn left onto West Bernardo Dr. Within a half mile, there is a turnoff into a dirt parking lot on the right. Meet at the signed Bernardo Bay Natural Area. No facilities. (Map 1150-A5)

VOLCAN MOUNTAIN COUNTY OPEN SPACE PRESERVE D5c
Sunday, May 26, 2013; 9:30 AM–2:30 PM
This 2,195-acre preserve offers an array of seasonal wildflowers in oak-pine woodland. Walk to Volcan Peak for a lunch stop and a grand view of the area.
(Julian) From Julian, take Main St. north out of town for about 2.2 miles (Main St. becomes Farmer Rd.). Turn right on Wynola Rd. for about 100 yards and then take the first left, which is a continuation of Farmer Rd. The preserve entrance is on the right. Park on the shoulder of the road. Allow 1.5 hours driving time. No facilities. (Map 1136-B3)

COTTONWOOD CREEK FALLS EX2b
Saturday, June 1, 2013; 8:30–11:30 AM
On this 2-mile hike in the Laguna Mountains, with a gain/loss of 500 feet in elevation, follow a draw to where the creek emerges from a narrow canyon to create waterfalls.
(Cleveland National Forest) Take I-8 east to Sunrise Hwy. (S1) north. Drive about 2 miles, just past mile marker 15. Park at either of the two large turnouts. The hike will begin at the north end of the east turnout. A National Forest Adventure Pass is required to park. Please refer to Parking Fee Information on the inside front cover. Allow 1 hour driving time. No facilities. (Map 1237-F6)

ROSE CANYON OPEN SPACE PARK E4a
Saturday, June 1, 2013; 6–7:30 PM
Watch for hawks soaring above Rose Creek in this 275-acre oasis along the old Santa Fe Railroad roadbed. Volunteers have planted a native garden near the trailhead.
(University City) From Hwy. 52 or from Clairemont Mesa Blvd., take Genesee Ave. north to Decoro St. Park, located on Decoro St. and the west side of Genesee Ave. Walk south on Genesee back to the trailhead to meet the Canyoneer host. No facilities. (Map 1228-D4)

SAN ELIJO LAGOON COUNTY ECOLOGICAL PRESERVE E2a
Sunday, June 2, 2013; 5:30–7 PM
The preserve has more than 250 shore and water birds in multiple plant communities that include marsh, coastal sage scrub, and chaparral.
(Solana Beach) From I-5, exit west on Lomas Santa Fe Dr. Turn right (north) onto Rios Ave. Go to the end of the road and park. No facilities. (Map 1167-E6)





PIEDRAS PINTADAS RIDGE

E4b

Saturday, June 8, 2013; 9–10:30 AM

Waterfalls and wildflowers are the highlights of this easy walk on a ridge overlooking Lake Hodges.

(Rancho Bernardo) From I-15, exit west on Rancho Bernardo Rd. Turn right (north) at West Bernardo Dr., then left on Poblado Rd. Go 1 mile and park on the street. Meet at the entrance to the walkway between Moon Song Ct. and Smoke Signal Dr. No facilities. (Map 1149-H7)

THUNDER SPRING/CHIMNEY FLATS

D4c

Saturday, June 8, 2013; 10 AM–2:30 PM

Enjoy a picturesque trail to Thunder Spring while hiking through bracken fern, oaks, and conifers. There are some steep gains and losses as well as plentiful poison oak along the trail.

(Palomar Mountain State Park) From Hwy. 76, take S6 to Palomar Mountain. Turn left at S7 (just before the store and restaurant) to Palomar Mountain State Park. A \$8 parking fee is payable at the park entrance. Follow the signs to Doane Pond and park in the lot. Allow 2 hours driving time. Facilities. (Map 409-G6)

TIJUANA ESTUARY

E2a

Sunday, June 9, 2013; 8–9:30 AM

Revel in one of the few remaining salt marshes in southern California. Endangered bird species, including the Clapper Rail, Belding's Savannah Sparrow, and the California Least Tern may be seen.

(Imperial Beach) From I-5, exit west on Coronado Ave. (Coronado Ave. becomes Imperial Beach Ave.). Turn left (south) on 5th St. Go to Iris Ave. and park. Water and facilities are available at the Tijuana Estuary Interpretive Center, 301 Caspian Way. (Map 1349-F1)

CRESTRIDGE ECOLOGICAL RESERVE

E2a

Saturday, June 15, 2013; 8–10 AM

Visit this historically rich reserve and see the recovery from the 2003 fire that burned the majority of this ecological reserve.

(El Cajon/Crest) Take I-8 east to Greenfield Dr. Go right (south) to La Cresta Rd. into the community of Crest. At the top of the hill, take the road to the left, Mountain View Rd., then left again on Horsemill Rd. Park in cul-de-sac. Allow 45 minutes driving time. No facilities. (Map 1253-A1)

LOUIS A. STELZER COUNTY PARK

E3a

Sunday, June 16, 2013; 10–11:30 AM or 10 AM–12:30 PM

Wild grape vines drape trees along oak-lined Wildcat Creek where our short walk takes place. The longer hike heads for the canyon ridge trail, gradually climbing to grassy slopes to view wildflowers.

(Lakeside) From Hwy. 67, go east on Maplevue St. Turn left (north) on Ashwood St., which turns into Wildcat Canyon Rd. Follow it to park entrance on the right. Parking fee is \$3. Allow 1 hour driving time. Wheelchair accessible, picnic area and facilities. (Map 1212-D7)

SILVER CREST LOOP

I4c

Saturday, June 22, 2012; 10 AM–2 PM

This loop has excellent views along the trail at Boucher Hill. Two species of wild orchids and ripening berry plants make this hike a winner!

(Palomar Mountain State Park) From Hwy. 76, take S6 to Palomar Mountain. Turn left at S7 (just before the store and restaurant) to Palomar Mountain State Park. A \$8 parking fee is payable at the park entrance. Turn in the first left past the Park entrance and meet the Canyoneer host in the Silver Crest Picnic Area parking lot. Allow 2 hours driving time. Facilities. (Map 409-G6)

WEIR/LOWER FRENCH VALLEY

E2a

Sunday, June 23, 2013; 10 AM–2 PM

Enjoy a picturesque trail through bracken fern and conifers, complemented by a side trip to the weir.

(Palomar Mountain State Park) From Hwy. 76, take S6 to Palomar Mountain. Turn left at S7 (just before the store and restaurant) to Palomar Mountain State Park. An \$8 parking fee is payable at the park entrance. Follow the signs to Doane Pond and park in the lot. Allow 2 hours driving time. Facilities. (Map 409-G6)

MISSION TRAILS REGIONAL PARK (LAKE MURRAY-KIOWA)

E6a

Saturday, June 29, 2013; 5:30–7:30 PM

Enjoy a walk at the lake where waterfowl are plentiful. The easy path gives access to chaparral and coastal sage scrub.

(Mission Trails Regional Park, San Diego) From I-8, exit north on Lake Murray Blvd., then left at Kiowa Dr. Go through the gate and meet near the parking lot. Wheelchair accessible, water and facilities. (Map 1270-F1)

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